

# CareLetter

Calais Regional Hospital  
24 Hospital Lane Calais, Maine 04619

## **Statement of Purpose**

*Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.*

## **Our Vision**

*CRH will be known by our customers as the best rural hospital in Maine.*

## **Statement of Values**

*As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality and honesty, integrity and ethical behavior. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.*

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July 25, 2007

## **Meet Our New Physician!**

Calais Regional Hospital is pleased to welcome Anesthesiologist Karen Hadam, M.D., J.D., to the medical staff. Dr. Hadam is originally from Pennsylvania and was previously in practice in Bristol, RI. "We are pleased to welcome Dr. Hadam to the medical staff," states Ray H. Davis, Jr, CEO. "The addition of her services will enhance the care available to our patients here at Calais Regional." Dr. Hadam began seeing surgical patients at the hospital on July 3, 2007.

Dr. Hadam has a broad base of medical knowledge and practice-based experience. She completed four years of postgraduate work in health sciences and medicine, receiving her Medical Doctorate degree from Medical College of Pennsylvania. Two of those years were spent in graduate level study of Pharmacology, Microbiology, Immunology, Pathology, Anatomy, Histology and Statistics. Also, she completed two years of clinical rotations covering all of the clinical areas of medicine including: Pediatrics and Adolescent Medicine, OB/GYN, Adult Internal Medicine, Psychiatry, and both Surgical and Medical Critical Care Medicine. After Medical School, she completed an internship in Internal medicine and a three-year residency in anesthesiology.

During her internship she completed rotations in all areas of Internal Medicine. While in her Anesthesia residency, she successfully completed rotations in general surgery and in all surgical specialties including Neonatal, Pediatrics, Obstetrics and Gynecology, Ear, Nose and Throat Surgery, Plastic and Reconstructive Surgery, Orthopedics, Cardiac and Thoracic Surgery, Neurosurgery and Critical Care. In private practice as a staff Anesthesiologist, the majority of her practice centered on cancer surgery and perioperative pain management, general and cardio-thoracic surgery, and surgical critical care. She has completed a total of four years of medical school, four years of residency training and spent over thirteen years in practice as a staff Anesthesiologist in a busy clinical practice.

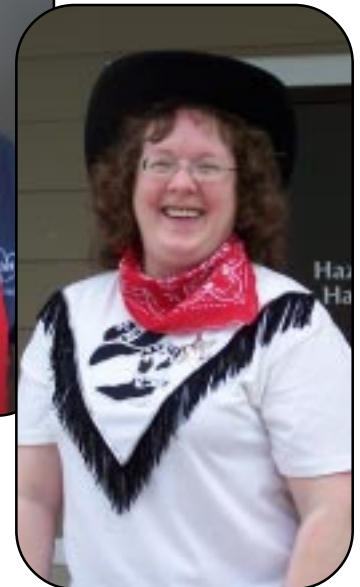
Karen Hadam, M.D., J.D. has also earned a Jurist Doctorate degree from Roger Williams University School of Law and is a member of the Massachusetts Bar Association.

Dr. Hadam grew up in a small town similar to Calais and is eager to settle in with her family - husband, John, and daughters, Tara and Brigit. Dr. Hadam and her family are looking forward to experiencing the area, exploring the Bay of Fundy and getting to know the people of the Calais area. The family enjoys skiing, kayaking, sailing and hiking. If you see the Hadam family, please be sure to take a moment and welcome them to our community.



### CRH BBQ at the Ranch

This year's Employee BBQ was a celebration of the one year mark in our new facility. The cowboy theme event included hamburgers, hotdogs, beans, coleslaw and a cake with a beautiful picture of the new facility on it. There was even music and line dancing for entertainment. Thank you to the Employee Events Committee, the CRH Maintenance crew and the cooks: Cecil Moreside, Board Member; Jan Wakin, CNO; Ray Davis, CEO; Linda Gralenski, Board Chair; and Bernie McAdam, CFO.



### Memories with the CRH Family!

We have updated our memories DVD with some more pictures from the past and to include our first year in the new facility. It showcases all the changes we have been through and how we continue to move forward. If you would like to purchase this DVD, the cost is \$2. Orders can be placed with payment to Community Relations.



### CRH Effort to Reduce Latex

In an effort to reduce latex in our facility for those with latex allergies, Calais Regional Hospital has worked to replace latex products with alternatives as they are available. In support of this effort, the facility is encouraging the use of only mylar balloons with gift deliveries and will use only mylar balloons at any onsite events.



### Do you have an improvement suggestion?

- ◆ Your opinion counts.
- ◆ Share your ideas with us.
- ◆ Fill out the CRH Process Improvement Suggestion form that will be in your payroll check. Forms are distributed to employees annually & are at the T&A System and on the CRH Internet.

*Kudos*



*Korner*

**Kudos go out to the following CRH family members...**

- ◆ To Trudy Gillespie, RN, Lee Seelye, RN and Wanda Smith, RN who passed their state nursing board exams and are now Registered Nurses!
- ◆ To Kim Spear for completing a 5 week E/M Chart Auditing course through the Coding Center of the Maine Medical Association.

If you have kudos to report, please contact the community relations office.

**Employee News**

Welcome to Dr. Karen Hadam, Rhode Island, full time Anesthesiologist; and Kathryn (Vicky) McDowell, LPN, Eastport full time IP Unit. Welcome back to Cynthia McGrath, RN, Calais, per diem; Donald Bley, M.D. Virginia, CRMS temporary physician.

Congratulations to Trudy Gillespie, Ward Clerk per diem has changed status to Registered Nurse (RN), full time, ED.

Marilyn Hanson, Ward Clerk has changed status from full to part time; April Free, Ward Clerk has changed status from part to full time. Melissa Royer, RN, Nursing Service Manager part time has changed status to full time.

**Handbook Policy Refresher**

**PARKING**

Employees are provided free parking in designated areas. Parking near the oxygen tanks, building entrances and exits, parking lot entrances and exits, and spaces marked as reserved, is prohibited. Vehicles in violation of this policy may be towed at the employee's expense. The Hospital is not responsible for damage to or theft of/from vehicles parked on Hospital property.

**COMPLIANCE**

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**OIG Legal Counsel**

The Counsel to the Inspector General (OCIG) works to resolve fraud and abuse cases involving Health and Human Services (HHS). Resolution could include litigation, or imposing sanctions. Monetary penalties or assessments could be made.

A provider could be excluded from participating in the Medicare or MaineCare programs. A Corporate Integrity Agreement could be issued to settle any false claims found. Such an agreement outlines a plan that is federally monitored with which providers must comply.

ValuesLine 1-800-273-8452



The winner from the Above and Beyond nominations for the month of June was Marty Nordstrom.

To recognize someone through the Above and Beyond program, simply complete a recognition card that can be found in the front lobby, cafeteria, Inpatient Care Unit or employee lounge and submit it to community relations.

**Come out to support CRH at the following International Festival Events: Doll Hospital & Peanut Fair Thursday, Aug 9, 4-7 p.m. Calais Elementary School**

*August Birthdays*

Marion Monk	2
Judy McAlpine	2
Emma Kneeland	5
DeeDee Travis	7
Shirley Reed	9
Brenda Prout	9
Sandra Cox	15
Sandra Chase	17
Kristy Harkins	18
Marilyn Hanson	20
Jeff Sherrard	21
Dr. Laurie Churchill	21
Billie Jo Ham	23
Barbara McLean	23
Patty Lindsay	24
Julia Brilllott	26
Renee O'Neill	26
Nancy McCann	27
Anita Flagg	28
Steve McFadden	31

Seniority by Carla McCann

**Schedule of Events**

Cardiac Rehabilitation Support Group  
CRH Classroom  
Friday, August 3, 3 p.m.

Free Blood Pressure Clinic  
Woodland Manor  
Tuesday, August 7, 9-11 a.m.

Free Blood Pressure Clinic  
Paradis Shop N' Save, Calais  
Thursday, August 9, 3-5 p.m.

Encore Plus  
Mona Van Wart's office at CRH  
Thursday, August 9, 3 - 4 p.m.

Diabetic Support Group  
Eastport Health Care Clinic  
Monday, August 13, 6 p.m.

Diabetic Support Group  
CRH Health Services Building  
"Old Facility"  
Wednesday, August 15, 6 p.m.

Free Blood Pressure Clinic  
Country View Apts, Pembroke  
Thursday, August 16, 11 a.m. - 1 p.m.

Seniority Trip to Machias  
Blueberry Festival  
Saturday, August 18, at 8 a.m.-2 p.m.

Seniority Barbecue  
Ann Caswell's Camp at Keene's Lake  
Tuesday, August 21, 11:30 am - 3 p.m.

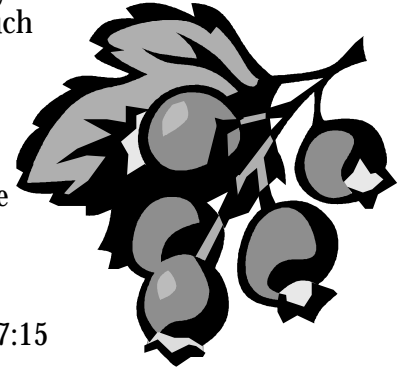
June Breakfast Club winners were Mary Scribner, Bob Howbrigg and Cecil Moreside.

We will be going on a day trip to Machias to the Blueberry Festival on Saturday, August 18 from 8 am to 2pm. We will car pool to Machias to enjoy the different activities going on during the day. There will be over 200 craft booths, Wenona's Band, Blueberry Quilt Exhibits, Pie Eating Contests and much more. Call and sign up if you would like to join us for the day.

On Tuesday, August 21, we are off to Ann & Bill Caswell's camp at Keenes Lake for a BBQ, come join the fun. We will leave from CRH at 11:30 a.m. Call to sign up and let me know if you can car pool.

The Breakfast Club meets Wednesday, August 29 at the Wickachee Restaurant at 7:15 a.m. Set the alarm, come out to join us!

Seniority is a health and leisure membership program dedicated to enhancing the lives of people age 50 and above. For membership information, contact Carla McCann, Seniority Coordinator, at 454-7521 ext 165. or online at [www.calaishospital.com](http://www.calaishospital.com). We now offer online signup opportunities for our activities and health screenings. Go to the Schedule of Events located on the left side of the home page and choose the event you're interested in attending.



**JOB OPPORTUNITIES**

**Rehabilitative Services**

Physical Therapist full time

**Enviromental Services**

Housekeeping, part time

**Apply:** Applications available from switchboard or on line @ [www.calaishospital.com](http://www.calaishospital.com)

*This newsletter is published monthly by the community relations department.*

Calais Regional Hospital  
24 Hospital Lane  
Calais, Maine 04619

ADDRESS CORRECTION REQUESTED

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