

# CareLetter

Calais Regional Hospital  
24 Hospital Lane Calais, Maine 04619

## **Statement of Purpose**

*Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.*

## **Our Vision**

*CRH will be known by our customers as the best rural hospital in Maine.*

## **Statement of Values**

*As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality and honesty, integrity and ethical behavior. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.*

## **Inside this issue:**

*Schedule of Events  
Seniority News  
Auxiliary News  
Employee News  
Events Committee News*

Volume XVI, No. 4  
April 29, 2009

## **Meet Our New Respiratory Care Manager**

Calais Regional Hospital is pleased to announce that Diane M Canuel, CCRT has been promoted to the position of Manager of Respiratory Care.

Diane joined CRH as a per diem employee in May 2008. She accepted a full time position in November. Diane graduated from the respiratory therapy program at Bridgeport Hospital in Bridgeport, Connecticut and holds the credential of Certified Respiratory Therapist (CRT). Diane is currently working toward the Registered Respiratory Therapist credential (RRT).

Diane joined CRH with over 30 years experience in various health care facilities in both Connecticut and Maine. She came to CRH from Mid Coast Hospital in Brunswick, ME where she worked since 2005. Her background includes intensive care unit experience in large hospitals in Stamford, Norwalk and Bridgeport, CT.

Diane's decision to relocate to Meddybemps Shores was the result of several vacation trips to the area in the last several years. Diane begins her new role on May 3.



*Diane M. Canuel, CRT was promoted to Manager of Respiratory Care*

## **National Hospital Week 2009**

The theme for National Hospital Week 2009 is "A Healthy Commitment In Changing Times", a powerful and uplifting tribute to the wonderful work of health care providers. Many events have been planned for National Hospital Week, May 10 - 16.

CRH Munchy Bucks will be included with paychecks on May 7. Baby Day, sponsored by the CRH Auxiliary, will be held at the Calais Methodist Church on Tuesday, May 12 at 1:30 p.m. for all babies born at CRH in 2008. The Employee Awards Banquet will be at The Redclyffe Dining Room on Tuesday, May 12 beginning at 5:30 p.m. Scoops for the Troops will be in the cafeteria on Wednesday, May 13 from 2 - 3 p.m. Michael Lally, CEO; Cheryl Zwingman-Bagley, CNO and Linda Gralenski, Board Chair will serve ice cream



*continued on page 3*

### Note of Thanks

I would like to thank each and everyone of you for the card and donations that I received while my husband Keith was a patient at EMMC. He is now home and doing well. I am thankful every day to still have him in my life and for having such kind and caring co-workers.

Brenda Prout

To "My" CRH Family - Many thanks for your donation in my dad's memory! Healthcare was the field he was in all his life, and knowing of this contribution will make his memory go on forever. Your thoughtfulness and kindness are greatly appreciated.

Debbie Kinney and the family of John E. Sullivan, M.D.

We would like to thank everyone for the wonderful care you gave my father and a special thank you to Sharon Johnson RN, Charlie Nichols, RRT and Dr. Zaharia.

The Tkach Family

## Kudos Korner

**K**udos go out to the following CRH family members...

- ◆ To April Free and the CRH employees for all the work they did organizing a successful fundraiser for a colleague.
- ◆ To Anna Lozier for organizing the scrub drive.
- ◆ To Fran Holst for her ability to navigate in the mud on the Greenland Point Road.
- ◆ To Sharon Nelson the newest member of the Event's Committee.
- ◆ To Forest Woodruff for marking his 100 lbs in Weight Watchers.



If you have kudos to report, please contact the community relations office.

### HandBook Policy Refresher

#### PARKING

Employees are provided free parking in designated, white lined areas. Yellow lined spaces are for customers.

Employees are strongly encouraged to park in the lower side Hospital Lane parking lot. Vehicles in violation of this policy may be towed

at the employee's expense. The Hospital is not responsible for damage to or theft of/from vehicles parked on Hospital property.



## COMPLIANCE

#### NIMS Training for Staff in April

On February 28, 2003 President George W. Bush directed the Secretary of Homeland Security to develop and administer a National Management System (NIMS). This directive was in response to the terrorist attacks on September 11, 2001. In March 2004 the Secretary of the Department of Homeland Security announced the establishment of NIMS. One of the key features of NIMS is the Incident Command System (ICS).

ICS is part of the organization's all-hazards emergency management program that includes mitigation (including prevention), preparedness, response and recovery activities. The Healthcare industry we have adopted the Hospital Incident Command System (HICS).

There is an introduction to NIMS/HICS training on May 18, 21, 26 and 28 in the CRH classroom. Classes are 1 hour long. Cody Stow is the instructor for this program. It is required that all hospital staff complete ICS 100 managers will complete on line testing following the class ICS on 100, 200 and 700.

For further information contact Cody Stow or HR department

**Employee News**



Sorry to see you go to Teena Lorenzo, Registration and Communications; Jeff Sherrard Environmental Services and Stacey Doten, MLT lab who are all relocating.

The following have status changes Melissa Royer, Nursing Service Manager per diem to RN ED; Carla Bridges Community Relations Secretary full time to part time.

Congratulations to Mary-Jo Burgess on the birth of her grandson, Hayden Donald Burgess born March 30 weighing 6 lbs 9 ozs, 20 1/2". A brother for almost 5 year old Baylee.

Sympathy is extended to Dan Snyder on the death of his grandmother and to Dr. John Tkach on the death of his father.

Congratulations Anna Lozier for being honored with the Washington County Legislative Memorial Scholarship.

Congratulations to Lisa Trafton of Calais and Wade Greenlaw of St. Stephen on their recent marriage in Santorini, Greece.

The winner from the Above and Beyond nominations for the month of March was Pam Ivey.

To recognize someone through the Above and Beyond Program, simply complete a recognition card that can be found in the lobby, cafe, Inpatient Care or nursing employee lounge and submit it to community relations to have a chance to be drawn for a prize.

**Hospital Week**

*continued from page 1*

for staff. The Volunteer Dinner will be held on May 14 at the Redclyffe Dining Room to celebrate the numerous volunteers that are part of the CRH Family. Friday, May 15 is Free Dessert Day in the cafeteria. A healthy dessert option will be available. Wear jeans for a good cause on Friday, May 15 for a donation of \$5 to community relations or Mary-Jo Burgess, and the proceeds will be donated to the American Cancer Society by the CRH team at the Relay for Life event on May 29. The night shift will be treated to pizza Saturday, May 9 and Saturday, May 16.

The Employee Health and Fitness Celebration is during this month as well so look for the schedule of activities for both events in your paychecks on May 7. There will be many different events for you to take part in.

All employee names will be entered for random drawings held at the various events. The grand prize is 8 hrs of pep time. Happy Hospital Week to all!

**American Cancer Society**

**Relay For Life**

The Relay for Life is scheduled for May 29-30, 6pm- 6 am at WCCC. We are recruiting members to walk for the hospital team. If you are interested in taking part or helping to plan this event, contact CRH Team Leaders Anita Flagg at ext 261 or Judy Thornton at 454-8432. You can also register for or donate to the CRH team online at [www.relayforlife.org/washingtonme](http://www.relayforlife.org/washingtonme). More information will be provided about the event as the date approaches.



Vicki Clark	1
Anne Sluzenski	2
Julie Ward	2
Charles Nichols	2
Kathy Goodine	3
Kimberly Spear	4
Stacey Doten	5
Donna Descoteaux	6
Mary MacDonald	6
Mary Beth Newman	6
Teresa MacLean	8
Janet Perkins	8
Candace Kelley	10
Peter Yates	11
Dan Daley	12



Debra Demmons	15
Amy Day	16
Marti Comeau	16
Daniel Pinney	20
Becky Thornton-Harriman	25
Mary Caparotta-Blaney	29
Tiffany Carson	22
Mary Scott	22

### Schedule of Events

Cardiac Rehabilitation Support Grp  
CRH Classroom  
Friday, May 1, 3 p.m.

Free Blood Pressure Clinic  
Woodland Manor, Baileyville  
Tuesday, May 5, 9 a.m.

Seniority Potluck  
Methodist Homes Rec Hall  
Thursday, May 7, 11:30 a.m.

Diabetic Support Group  
Eastport Health Care Clinic  
Monday, May 11, 6 p.m.

Caring Connections Support Grp  
Mona Van Wart's office  
Health Services Building  
Thursday, May 14, 3-4 p.m.

Diabetic Support Group  
CRH Health Services Building  
Wednesday, May 20, 6 p.m.

AARP Driving Course  
CRH Classroom  
Tuesday, May 19, 8 a.m.-5 p.m.

Free Blood Pressure Clinic  
Country View Apts, Pembroke  
Thursday, May 21, 11 a.m.

Seniority Breakfast Club  
Wickachee Restaurant  
Wednesday, May 27, 7:15 a.m.

### Auxiliary News by Irene Moreside

The April meeting was held at the Methodist Homes Rec. Hall on April 6 with an attendance of 13 members.

The secretary and treasurer reports were accepted as given. No coffee shop or gift shop reports.

Winner of the Easter Basket raffle was Shirley Ray Coburn and 50/50 winner was Bonnie Sprague.

The green auction was very successful. The scholarship committee will be meeting soon to review the scholarship applications.

Baby Day will be Tuesday, May 12 starting at 1:30pm. Cookies will be made by Sylvia Day, Pat Yardley, Gladys Greenlaw, Irene Moreside and Ilene O'Hara.

No meeting is scheduled for May due to the Volunteer dinner which the members look forward to attending on Thursday, May 14.

The 50/50 winner at the meeting was Gladys Greenlaw. The next regular meeting is June 1 with a potluck supper.

Welcome to our two new coffee shop workers Sylvia Day and Evelyn Olsson.

### Seniority by Carla McCann Bridges

Seniority is having a pot luck luncheon on Thursday, May 7 at 11:30 a.m. at the Methodist Homes Rec Hall. Bring a covered dish and a place setting.

A one day AARP "55 Alive" driving course will be offered at CRH on Tuesday, May 19, 8 am-5 pm in the classrooms. The fee is \$14, \$2 off with AARP number. Call to register 454-9262.

### JOB OPPORTUNITIES

#### Communications & Registration

Clerk part time

#### Environmental Services Worker:

part time (two positions)

#### Nursing:

RN ED part time 7pm-7:30 a.m.

RN ED full time 7 pm-7:30 am

RN Inpatient/Special Care part time, 1 day & 1 night 12 hr shift

#### Rehab Services:

OT and PT full time

**Apply:** Applications available from switchboard or on-line

*This newsletter is published monthly by the community relations and human resources departments. CRH is an equal opportunity provider.*

Calais Regional Hospital  
24 Hospital Lane  
Calais, Maine 04619

ADDRESS CORRECTION REQUESTED

Nonprofit  
Organization  
U.S. Postage  
PAID  
Calais, Maine  
04619  
Permit #38