

CareLetter

Calais Regional Hospital
24 Hospital Lane Calais, Maine 04619

Statement of Purpose

Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.

Our Vision

CRH will be known by our customers as the best rural hospital in Maine.

Statement of Values

As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality and honesty, integrity and ethical behavior. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.

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Meet Our New Pediatrician

Calais Regional Hospital and Calais Regional Medical Services is pleased to welcome pediatrician David Walter, MD to the active medical staff. Dr. Walter has over 30 years pediatric experience, including general pediatric care and neonatal intensive care. His most recent position was at Eastern Maine Medical Center's Neonatal Intensive Care Unit. EMMC's change from physician providers to nurse practitioner providers prompted Dr. Walter's search for a new place to practice, which led him to Eastern Washington County and Calais Regional Medical Services.



Dr. David Walter, Pediatrician

"I'm excited for this opportunity with CRMS and look forward to getting back to general pediatric care," stated Dr. Walter. "Pediatrics is fun and I love my work."

Dr. Walter obtained his medical degree from Hahnemann Medical College in Philadelphia, Pennsylvania. He completed his pediatric residency at Buffalo Children's Hospital in Buffalo, New York and Maine Medical Center in Portland, Maine. Dr. Walter spent 24 years practicing general pediatrics in the Lewiston area and working at Central Maine Medical Center in the Neonatal Intensive Care Unit before moving to Bangor and EMMC.

During his career, Dr. Walter has shared his expertise and knowl-

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New Year's Baby 2010

Calais Regional Hospital welcomed the first baby of the New Year on January 2, 2010. She is the daughter to Karac & Elizabeth Nutile of Calais Maine, both CRH employees. Ania E. Nutile weighed 7 lbs and 8.3 oz. This is a little sister for Karac Jr. to enjoy. Karac & Elizabeth received a gift bag from the hospital. Congratulations to the Nutile family.



CRH Events Committee

Upcoming Events

The Events Committee is sponsoring a complimentary Spaghetti Luncheon served by the Rod and Gun Club. The Valentine themed event will be held in the classroom Wednesday, February 10, 2010, 11:15 a.m - 1 p.m. for all CRH employees, volunteers, physicians and their staff.

Wear Jeans for a Good Cause on Friday, February 26. For a donation of \$3, employees may wear jeans. See Events Members Carla Bridges, Judy Thornton, Jeannine Fowler or Mary-Jo Burgess to pay your donation and get your sticker. Proceeds will support future activities for the Events Committee.



HandBook Policy Refresher

ELECTRONIC SYSTEMS

The computer, electronic mail, Internet access and voice mail systems are Hospital property and are intended for business use only. Personal use should be kept to a minimum. Excessive or inappropriate personal use may result in discipline. Under absolutely no circumstance is any Hospital property to be utilized to solicit, harass, offend, or for any other inappropriate or unlawful purpose, such as accessing or distributing sexually explicit or offensive materials. Derogatory, defamatory, obscene or otherwise inappropriate messages are strictly prohibited.



Please be aware that the Hospital's telephone and computer system automatically stores or records information transmitted via e-mail and that pressing the "delete" button will not affect this backup storage mechanism. In addition, the Hospital will conduct periodic monitoring of messages, so transmissions should not be considered confidential or private. Please use discretion when sending and storing messages. By using the Hospital's system, you are expressly consenting to this monitoring policy.

Due to security concerns, employees should avoid sending and storing highly sensitive or confidential Hospital information whenever possible. Under no circumstances may confidential information be transmitted to individuals outside the Hospital without prior approval of management.

Computer software is licensed to the computer owner/user. Each software package lists the licensing regulations regarding duplication. In most cases duplication is unlawful. Some software licensing regulations allow duplication to the licensed individual's laptop computer. Only software licensed to CRH will be used in the Hospital. Employees shall not copy Hospital software for personal use and shall not "bring in" personally owned or "borrowed" software for use in the Hospital. Personal laptops will not be used in the Hospital during work hours except for Hospital business approved by management in advance.

COMPLIANCE

CRH Compliance Program Commitment

The foundation for an effective compliance program begins with a commitment. A commitment that ethical values will guide Hospital operations has been made by the CRH Board of Directors and Senior Management. The culture of CRH is to do the right thing, the first time, and every time. All business practices will be conducted with honesty, integrity and in accordance with all applicable laws and regulations.

ValuesLine 1-800-273-8452

New Physician, continued from page 1

edge by teaching family practice residents at Central Maine Medical Center and medical students, physician assistants and nursing students from the University of New England Medical College. He has also served as Chief of Pediatrics at St. Mary's Hospital and Central Maine Medical Center in Lewiston.

Dr. Walter's wife, Donna, works with autistic children in the Bangor school system. Their daughter and son-in-law live in Auburn, where they both teach Spanish in the local school systems. When Dr. Walter isn't at the office or hospital, he enjoys a variety of activities and interests including; photography, electronics, and American and Civil War history. Dr. Walter will begin seeing patients the second week in February. To schedule an appointment with Dr. Walter, call the CRMS office at 454-8195.

Employee News

Sympathy to Dolly Newcomb and Barbara McLean on the death of their mothers and to Mary Barnard on the death of her mother-in-law.

Sorry to see you go to CNA Heather Russell.

Cathy Scullin is transferring from Nursing Service Manager too weekend days.

Kudos Korner

Kudos go out to the following CRH family members...

- ◆ To the kitchen staff for a wonderful meal they prepared for the staff on Christmas Day.
- ◆ To the event's committee for the staff cider and cookie break.
- ◆ To all who placed ribbons on the beautiful lobby holiday tree.

Submit Kudos to community relations.

New Face on Day Shift

Congratulations to Luann Reppert, RN on her new position as Manager of the Inpatient Care Unit. We also want to welcome her to the day shift after two



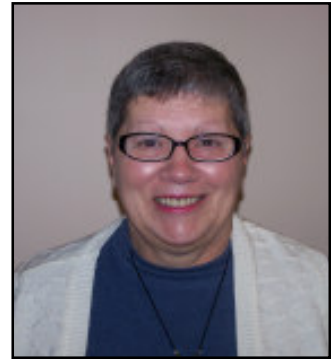
Luann Reppert, RN, will be transferring to Manager of the Inpatient Care Unit from her current position of night shift Nursing Service Manager

years of working nights. Luann has a Diploma from St. Lukes School of Nursing in Pennsylvania and is enrolling in a program to complete her BSN. She has held positions of staff nurse, charge nurse and supervisor in hospitals in Pennsylvania and Florida. Luann is currently an active member of the Professional Practice

Committee, Nursing Vision Leadership Team and Nursing Administrative Council. Luann lives in Princeton and is active with the Greenland Point Center, Princeton Rod & Gun Club and with various community fundraisers.

Auxiliary News by Pat Fellers

Happy New Year to all CRH Auxilians and friends! Just a few reminders for 2010: \$5 annual dues need to be paid to Irene Moreside, membership chair. There are still a few slots open to help hostess the 6:30 p.m. meetings at the Methodist Rec Hall. Also, it is not too late to sign up for the committees on which you would like to work this year. Copies of these two sign-up lists



New Auxiliary President Pat Fellers of Calais.

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The winner from the Above and Beyond nominations for December was Craig Croman.

To recognize someone through the Above and Beyond Program, simply complete a recognition card available in the lobby, cafe, Inpatient Care or nursing employee lounge and submit to community relations for a chance for a prize.

February Birthdays

| | |
|-------------------|----|
| Joseph McAdams | 1 |
| Patricia Hoard | 1 |
| Michael Keyes | 3 |
| Donna Webb | 5 |
| Sharon Johnson | 5 |
| Barbara Clark | 7 |
| Carla Bridges | 9 |
| Allison Atkinson | 12 |
| Susan Casey | 13 |
| Edith Marsh | 16 |
| Jo-Ann McGovern | 20 |
| Jon LeClair | 20 |
| Kimberly Mathews | 21 |
| Debra Hill | 22 |
| Doris Pike | 23 |
| Kandis Davis | 25 |
| Mary Beth Maxwell | 28 |

Auxiliary News by Pat Fellers

Seniority by Carla McCann Bridges

Schedule of Events

Free Blood Pressure Clinic
Woodland Manor, Baileyville
Tuesday, February 2, 9 a.m.

Cardiac Rehabilitation Support Group
CRH Classroom
Friday, February 5, 3 p.m.

Caring Connections Support Grp
Mona Van Wart's office
Health Services Building
Thursday, February 11, 3-4 p.m.

Seniority Movie Matinee
"Mamma Mia"
CRH Classroom
Friday, February 19, 1 p.m.

Seniority Breakfast Club
Wickachee Restaurant
Wednesday, February 24, 7:15 a.m.

Free Blood Pressure Clinic
Country View Apts, Pembroke
Thursday, February 25, 11 a.m.

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will be available for all members at the next meeting. Plan to mark your calendars for the meetings set for the first Monday of each month in 2010 excluding June, July and August.

Besides supporting the material needs of CRH, another goal is building membership. Therefore, all members are asked to enroll one new member each year. Ask the people with whom you work as well as other friends and relatives. This is the year to share all those good feelings that accompany volunteerism at CRH.

As a fundraiser this year, the membership suggested the February 1 meeting consist of each member packing and decorating a lunch box/sack dinner-for-one to be auctioned off at 6 p.m. Include a signed Valentine card listing the contents of the box/sack you are donating. Plan to attend and bring your checkbooks. Come and experience a festive time with friends.

December Breakfast Club winners were Mae Berry, Irene Moreside and Jim Hamilton.

Seniority will watch a movie matinee of "Mamma Mia." in the CRH Classroom on Friday, February 19 at 1 p.m. Come join us for popcorn and a movie on the big screen!

The Breakfast Club meets Wednesday, February 24 at the Wickachee Restaurant at 7:15 a.m. Set the alarm, come out to join us!

JOB OPPORTUNITIES

CRMS:

Per diem Medical Assistant

Rehab Services:

Physical Therapist full time

Occupational Therapist full time

Nursing:

Part time- CNA nights

Apply: Applications available from
switchboard or on-line
www.calaishospital.com

This newsletter is published monthly by the community relations and human resources departments. CRH is an equal opportunity provider.

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