

CareLetter

Calais Regional Hospital
24 Hospital Lane Calais, Maine 04619

Statement of Purpose

Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.

Our Vision

CRH will be known by our customers as the best rural hospital in Maine.

Statement of Values

As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.

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National Hospital Week

The theme for National Hospital Week 2007 is "Care You Can Count On; People You Trust", a powerful and uplifting tribute to the wonderful work of health care centers and the people behind them. Many events have been planned in conjunction with National Hospital Week, May 6 - 12.

The volunteer dinner will be held on May 7 at *The Downeast Heritage Museum* to celebrate the numerous volunteers that are part of the CRH Family. Scoops for the Troops will be in the cafeteria on Wednesday, May 9 from 2 - 3 p.m. Ray Davis, CEO, Bernie McAdam, CFO and Jan Wakin, CNO will serve ice cream for staff. CRH Munchy Bucks will be included with paychecks on May 9. Baby Day, sponsored by the CRH Auxiliary, will be held at the Calais Methodist Church on Thursday, May 10 at 1:30 p.m. for all babies born at CRH in 2006. Friday, May 11 is Free Dessert Day in the cafeteria. A healthy dessert option will be available. The night shift will be treated to pizza Saturday, May 5 and Saturday, May 12. The Employee Awards Banquet will be at the Redclyffe Dining Room on Tuesday, May 15 beginning at 5:30 p.m.

Employees are invited to take part and drop off your high school graduation photo or a picture of you when you were 16-18 years of age, to HR or community relations by May 27. Write your name on the back of the photo. We cannot guarantee that the photos will be returned in the same condition. Photos will be displayed in the Cafeteria the 1st two weeks of May. From the photos, one lucky 18 yr old from the past will be randomly drawn to win \$50 cash! Drawing: at the close of Hospital Week - Friday, May 11 at 12 noon.

Candy will be in the cafeteria in a basket located on the microwave all week for every employee to enjoy!

All employee names will be entered for random drawings held at the various events and for 8 hrs of pep time. Happy Hospital Week to all staff!



National Nurses Week

Every day of the year the nurses at CRH bend over backwards for their patients and families to make sure that each and every one of them receives the highest quality, and most compassionate health care possible. During Nurses' Week help us celebrate the fact that CRH nurses all deserve "Hospital Hero" awards for their constant caring attitudes and the important role they play in helping to keep our community as healthy and happy as possible.

A thank you from Jan & Nursing Administration.

National Nurses Week May 6-12, 2007
"Nurses: Caring From the Heart"

Phlebotomy Students Train at CRH

Welcome to 19 students from the WCCC's Phlebotomy course who are gaining clinical experience in our Lab. Students are from towns as far away as East Machias and Medway and many towns in between. Their program instructor is Patty Sears, RN. Special thanks to CRH laboratory assistants and technologists who provide specialized training to these students.

**Annual Volunteer Dinner on
Monday, May 7 at
The Downeast Heritage Museum
Dinner at 5:30 pm**

Call and Register with Switchboard

Kudos



Korner

K*udos go out to the following CRH family members...*

- ▶▶ The Weight Watchers class who lost a total of 172 lbs in the 1st 12 wk at work program.
- ▶▶ Mary Barnett for the great job organizing four days of employee pension meetings.

If you have kudos to report, please contact the community relations office.

CRH Team Participates in MS Walk

Once again Calais Regional Hospital will be represented by a team at the annual MS Walk to be held on Sunday, May 6 @ 9 a.m. in Eastport beginning at the Eastport Youth Center. Anyone interested in joining the Calais Regional Hospital team, can contact Cheryl Trader in the Home Health office at 454-7200, call 1-800-FIGHT MS or register online at www.msmaine.org.

Today, over 400,000 Americans are diagnosed with MS - 3,000 in Maine alone. While there are now treatments to slow the progression of the disease, we are still in search of a cure. Please consider joining our team, your support is truly appreciated.

Handbook Policy Refresher

Employees may inspect their personnel file upon written request and by appointment with the department of human resources during normal office hours. Inspection of the employee's file shall be made in the presence of a member of the department. Copies may be furnished upon request. Letters of reference shall be excluded. Employees should provide their supervisor and the department of human resources with current information needed to maintain their personnel record and benefit plans, i.e., beneficiaries, marital status, dependent, licensure, telephone or address changes, etc.

COMPLIANCE

OIG Program Audits

The Office of Audit Services (OAS) determines whether Health and Human Services (HHS) programs should be performed more efficiently. They conduct audits of performance and finances, looking for weaknesses that could result in abuse, waste or fraud. The OAS also offers leadership and assistance in meeting established Federal mandates.

ValuesLine 1-800-273-8452

Employee News

Welcome to Wendy Dean, CNA, Baileyville part time IP Unit/OB. Also to temporary staff Henri Derosier CRNA, Maine; Idubina Badillo, RN, Texas, IPCU; Barbara Lane, RN Maine ED; and Ann Skrilitz, RN, Eastport, CRMS St Croix summer.

Tiffany Crowe, a local nursing student at the University of Maine at Fort Kent did a job shadow at CRH with Bev Champagne.

The following have status changes: Chris Scalabrin, RN temporary to full time NP, CRMS and Melissa Royer, RN, Nursing Service Manager per diem to part time.

Sympathy to Mario Umali on the death of his father; Cindy Kierstead on the death of her mother-in-law and to Donna Spearin on the death of her mother-in-law.

Congratulations to Bev Champagne on the birth of her new grandchild, Wyatt Depoy, 7lbs 4oz born March 30 and to Debbie Kinney on the birth of her new granddaughter, Nora Vicaire, 8lbs 5oz born April 4th. Congratulations to Louise Lowe RN on the birth of her daughter Eliza Jayne born April 13 weighing 8lbs 11/2 oz.

Congratulations to Sarah Elizabeth Davis, Mr. Davis's daughter who married Martin Michael Joyce on Saturday, April 14.

The winner of the Events Committee Spring Basket Raffle was Terry Brownlee.

The Cafeteria Menu is now available to staff on the CRH Intra-net. Simply type in "mycrh.com".

Breakfast With The CEO

The next staff breakfast with the CEO will be in June in the boardroom at 7:45 a.m. If you receive an invitation, don't forget to RSVP to ext. 165.



The winner from the Above and Beyond nominations for the month of March was Mary McLellan.

To recognize someone through the Above and Beyond program, simply complete a recognition card that can be found in the Lobby or Cafeteria and submit it to Community Relations.

American Cancer Society Relay For Life

The Relay for Life is scheduled for June 1-2, 6pm- 6 am. We are recruiting members to walk for the hospital team. If you are interested in taking part or helping to plan this event, contact CRH Team Leaders Anita Flagg at ext 261 or Judy Thornton at 454-8432. More information will be provided about the event as the date approaches.



May Birthdays

Vicki Clark	1	Dan Daley	12
Adrienne Hinson	1	Jennifer Howard	13
Anne Sluzenski	2	Amy Day	16
Julie Ward	2	Daniel Pinney	20
Charles Nichols	2	Meagan James	21
Kathy Goodine	3	Mary Scott	22
Kimberly Spear	4	Carmela Diffin-Dewitt	24
Stacey Doten	5	Benai Parks	25
Donna Descoteaux	6	Becky Harriman	25
Mary MacDonald	6	Patricia Eldridge	27
Mary Beth Newman	6	Heather Berriault	28
Teresa MacLean	8	Mary Phelan	28
Janet Perkins	8	Kimberley Doughty	29
Candace Kelley	10	M. Lorraine Blaney	29
Peter Yates	11	Barbara Wheaton	31
Jillian Higgins	11		

Schedule of Events

Free Blood Pressure Clinic
Woodland Manor
Tuesday, May 1, 9 a.m.

55 Alive
CRH Classroom
Thursday, May 3, 8 a.m.-12 noon

55 Alive
CRH Classroom
Friday, May 4, 8 a.m. - 12 noon

Cardiac Rehabilitation Support
Group
CRH Classroom
Friday, May 4, 3 p.m.

Free Blood Pressure Clinic
Paradis Shop N' Save
Thursday, May 10, 3 p.m.

Seniority Potluck
Methodist Homes Rec Hall
Tuesday, May 15 11:30 a.m.

Diabetic Support Group
Eastport Healthcare
Monday May 14, 6 p.m.

Diabetic Support Group
Methodist Homes Rec Hall
Wednesday, May 16, 6 p.m.

Free Blood Pressure Clinic
Country View Apts, Pembroke
Thursday, May 17, 11 a.m.

Auxiliary News by Muriel MacArthur

CRH Auxiliary met on April 2 with 16 members present. A delicious pot luck dinner was enjoyed. The meeting opened with the Auxiliary prayer then the report on Donation Day was given. We were all pleased with the generous donations. The pie winners were Knock on Wood, Vicki Clark and Sharon Diffin. A scholarship committee of Sharon Frost, Norma Van Devander and Molly MacArthur was selected to choose a student from Calais and Woodland High School who will be entering the medical field after graduation. The 50/50 draw was won by Thelma Rideout.

Baby Day will be held on May 10 at the Thelma Ross Hall at the Methodist Church in Calais starting at 1:30 p.m. Registration workers will be Mary and Irene. Cookie makers will be Eilene, Pat, Lorraine, Sally, Gladys and Norma.

Our next meeting will be June 4 with an outing to the Nook and Cranny Restaurant at 5:30 p.m.

Raffle tickets are on sale at the coffee shop on a set of Bride and Groom Dolls. Thank you to Joan Tracy for this donation.

Seniority by Carla McCann

A "55 Alive" driving course will be offered at CRH on Thursday, May 3 & Friday, May 4 by AARP. This will be held 8 a.m. -12 noon in the classrooms. The fee is \$10 (due the first class). Call to register.

Seniority is having a potluck luncheon on Tuesday, May 15 at 11:30 a.m. at the Methodist Homes Rec Hall. Bring a covered dish and a place setting.

Wednesday, May 30 is National Senior Health & Fitness Day. We will walk after breakfast at approximately 8:15 a.m.

JOB OPPORTUNITIES

Food Services

Per Diem, all shifts, including weekends

Rehabilitative Services

Physical Therapists full time

Nursing

RN ED full time & part time all shifts

Nursing Svc Manager full time

RN Inpatient Unit full time

Per diem, Obstetrics, all shifts

Applications available from switchboard or on line @ www.calaishospital.com

This newsletter is published monthly by the community relations department. CRH is an equal opportunity provider.

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24 Hospital Lane
Calais, Maine 04619

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