

# CareLetter

Calais Regional Hospital  
24 Hospital Lane Calais, Maine 04619

## **Statement of Purpose**

*Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.*

## **Our Vision**

*CRH will be known by our customers as the best rural hospital in Maine.*

## **Statement of Values**

*As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality and honesty, integrity and ethical behavior. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.*

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Volume XVI. No. 11  
November 25, 2009

## **CRMS Welcome Chrys Landrigan, PA-C**

Calais Regional Medical Services (CRMS) Rural Health Clinic is pleased to welcome Physician Assistant Chrys Landrigan to the practice. Chrys brings over ten years experience to CRMS as a physician assistant. Prior to coming to Calais, Chrys worked at Penobscot Community Health Care Clinic in Bangor, took traveling assignments, worked at Pleasant Point Health Center in Perry and at the Hematology/Oncology Centers of the Northern Rockies.

Chrys will not replace patients' options with physicians at the CRMS Rural Health Clinic, but expand their access to immediate health care. While she will be carrying her own patient load for those who prefer the greater amount of time that a Physician Assistant is able to devote to patients, she will also serve as "back up" for CRMS' physicians, whose schedules can sometimes get heavy during peak periods of illness.

Chrys Landrigan, PA-C, holds a Masters of Physician Assistant Studies degree, specializing in oncology, from the University of Nebraska Medical Center in Omaha, Nebraska as well as a Bachelor of Science Physician Assistant degree from Rocky Mountain College in Billings, Montana and a Bachelor of Arts degree in Biology from Boston University.

Chrys has a very diverse background working everywhere from a small general store in the northwest corner of Montana with no electricity or water, to working at the New England Aquarium in Boston, and even serving as a vice president of Sotheby's in New York City - the world's largest art auction gallery. For the last seven years Chrys has called Eastport home. In her downtime she can usually be found golfing or fishing. "After two years working away, it is very nice being closer to home," Chrys stated. "I look forward to being an active member of my community again." She has served on the boards of the St. Croix Country Club and Downeast Hospice.

Chrys began seeing patients at CRMS November 16, 2009. To schedule an appointment, call CRMS at 454-8195. She will also be available to Chris Scalabrin's patients as he begins his transition to the CRMS Orthopedics practice on a full time basis by April 2010.

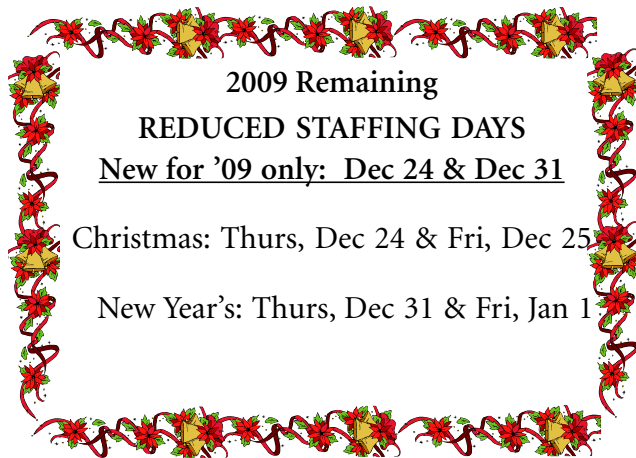


*Chrys Landrigan, PA-C, has joined the CRMS practice and is available to see patients.*

# COMPLIANCE

Night staff may park in the winter parking areas between the hours of 7 p.m. to 7 a.m. now to April 30, 2010. The winter parking areas are designated in yellow. We hope this special parking arrangement will make the winter ahead a bit easier for all of us. Thank you for your cooperation.

ValuesLine 1-800-273-8452



## CRH Events Committee Upcoming Events

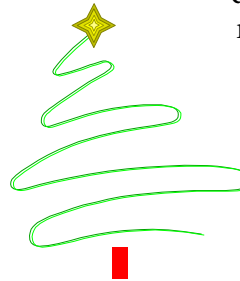
The Events Committee is sponsoring a hot & cold apple cider and cookie break on Tuesday, December 8 from 1:30-3 p.m. in the cafeteria. The treats will be delivered to CRMS for those unable to come at this time. All employees, physicians, staff, volunteers and board committee members are invited to attend.

The CRH Events Committee invites you to submit your favorite pet photo for our **Proud Pet Owner's Board**. The board will be located in the hall across from the Patient Accounts Dept. A winning pet will be drawn at random on Wednesday, December 9. Photos submitted to Jeannine in Registration or Carla in Community Relations, \$1.00 per picture. Write the name of the pet and owner on the back of the picture. After the prize expense, proceeds will be donated to Paws.

Employees and their families are invited to sit on Santa's knee and tell him what you want for Christmas on Saturday, December 12 from 1-4 p.m. in the CRH classrooms.

## Treebute to Life

The annual Treebute to Life program began November 6, 2009. A donation of five dollars places a ribbon in memory of, in honor of, in appreciation of, or in celebration of a person or life event of special significance to you. Personalized ribbons are displayed on a tree in the CRH lobby with the designated name or event. Donations are listed in the CRH Annual Report by donor and the tributed person or event.



At your request, a letter will be sent to acknowledge your donation to the person of your choice. In January the ribbons may be picked up as keepsakes or to be used as bookmarks.

All donations to the Treebute to Life program benefit the CRH Annual Fund. Forms are located in the lobby.

Brian Walton	3
Heather Russell	6
Carol McFarlane	7
Julie Richard	7
Luann Reppert	7
Dr. David Feiner	13
Marie McKeown	13
Amy Casey	13
Jane Ames	14
Mary McLellan	14
Karen Thomas	17
Heidi Williams	19
Manuel Hensley	20
Ericka Tracy	22
Jody Stevens	22
Dana Davidson	22
Tarrah Hall	23
Mario Umali	23
Beth Dizenzo	23
Karen Sabattus	28
Janice Sullivan	29
Alicea Earle	29
Kathy Arbo	31
Norma Van Devander	31

## Employee News

Welcome to Christine Perry, RT, Quincy MA full time radiology; Chrys Landrigan, PA-C, Eastport, full time CRMS; and Karac Nutile, Calais, Clerk, CRMS Orthopedics part time. Elizabeth Nutile, part time registration and communications has transferred to full time patient accounts representative. John (Jake) Thayer, MT (ASCP), BA has been promoted to the position of Laboratory Manager. Welcome to Erica Pike, RN, BSN of Alexander Case Manager.

Congratulations to Sharon Diffin and Dennis Ryan, Calais High School classmate graduates 1968, on their recent marriage in Nevada. Sharon works as a Coder in the Health Information Department.

Congratulations to Kristen Boies and Jason Fowler on their September marriage. They enjoyed a honeymoon in Paris, France. Kristen is a Ward Clerk in the Emergency Department.

Employees scheduled to work Christmas, Friday, December 25 may enjoy one free meal in the Café courtesy of CRH. Happy Holidays.

Sympathy to Eleonore Sullivan on the death of her grandmother and to Kristy Harkins on the death of her father.

Winner of the Wear Purple draw was Melissa Kenney and the Events Committee random draw winner was Heather Rambjor.



The winner from the Above and Beyond nominations for October was Kim Bridges.

To recognize someone through the Above and Beyond Program, simply complete a recognition card available in the lobby, cafe, Inpatient Care or nursing employee lounge and submit to community relations for a chance to be drawn for a prize.

**Flu update information is available on the Hospital's website at: [www.calaishospital.com](http://www.calaishospital.com) and on the new flu update phone line: 454-9248. Please share this with friends and family.**

## CRH Welcomes Students for Training and Job Shadowing

St. Stephen High Freshman Travis Power learned about healthcare careers at CRH in November. He spent time observing in the departments of surgery, radiology and laboratory. Travis is the son of David Power, RN Surgery. His visit to CRH was part of the St. Stephen High Schools' annual Take Your Kids to Work Day.



*St. Stephen High Freshman Travis Power, learned about health careers along side his father, David Power, RN.*

Emily Smith of Calais will complete a clinical rotation with staff in Rehabilitative Services through mid-December. Emily is a Calais High School graduate and a physical therapy student at Husson College.

Fifteen students from the WCCC Phlebotomy class will complete their required clinical experience in the CRH Lab in November. Course instructor is Julie Clark, a former CRH Employee who is now a faculty member at the College.

## Kudos Korner

**K**udos go out to the following CRH family members...

- ◆ Food Services for always being so accommodating with last minute requests.
- ◆ Surgery staff for celebrating Peri-Operative Week with an Open House and a fantastic bulletin board!
- ◆ All staff who provided flu clinic services.
- ◆ All employees who surprised their Secret Pals.
- ◆ Event's Committee for the Halloween celebration and to Staff for their creative costume ideas.
- ◆ Dr. Wilkinson & staff for their generous donation to the Turkey-A-Thon.
- ◆ Kathy Irving for spearheading CRH's group involvement for the first time in the Turkey-A-Thon.
- ◆ All staff who did a great job in our recent mock inspection.

If you have Kudos to report, please contact the community relations office.

**Schedule of Events**

Free Blood Pressure Clinic  
Woodland Manor, Baileyville  
Tuesday, December 1, 9 a.m.

Cardiac Rehabilitation Support Grp  
CRH Classroom  
Friday, December 4, 3 p.m.

Caring Connections Support Grp  
Mona Van Wart's office  
Health Services Building  
Thursday, December 10, 3-4 p.m.

Seniority Christmas Potluck  
Friday, December 11, 11:30 a.m.  
Bring a Non Perishable Food  
Pantry Item

Free Blood Pressure Clinic  
Country View Apts, Pembroke  
Thursday, December 17, 11 a.m.

Seniority Breakfast Club  
Wickachee Restaurant  
Wednesday, December 30, 7:15 a.m.

**Auxiliary News** by Irene Moreside

Welcome to new coffee shop worker Heather Ross. Volunteers are needed for the coffee shop. Call me at 454-3027 if you are interested. Shifts are 9-11:30 am; 11:30 am-2 pm; 2 pm-4:30 pm Monday through Friday.

The annual Christmas Bazaar is Wednesday, Dec 9 in the classroom from 7 am-3 pm. There will be crafts, Jams, pickles, fudge, rolls, pies, etc. and raffles.

The nominating committee submitted a list of officers for 2010. President – Pat Fellers; Vice President- Carla Bridges; Secretary- Norma VanDevander; Treasurer- Lorraine Wilson; Coffee Shop Treasurer- Norma VanDevander; Gift Shop Buyer-Sharon Frost; Coffee Shop Buyer- Gladys Greenlaw and Coffee Shop Scheduler – Irene Moreside.

Donation Day pie winners were Pat Fellers, Ron O'Neill and Kristi Saunders. Winner of the 50/50 draw was Jeannine Fowler.

The next meeting on Monday, Dec 7 will be a dinner in the CRH classroom at 5:30 pm. \$10 per person. Please bring a non perishable item for the food pantry. Those who wish, may bring a gift for exchange with a value of \$5.

**Seniority** by Carla McCann Bridges

Seniority is having a Christmas Potluck on Friday, December 11 at 11:30 am at the Methodist Homes Rec Hall. A place setting will be provided. Bring a non perishable item to donate to the food pantry. Cecil Moreside will join us with some Christmas music following lunch.

The Breakfast Club meets the last Wednesday of each month at the Wickachee Restaurant at 7:15 a.m. Set the alarm; come out to join us!

**JOB OPPORTUNITIES**

**Rehab Services:**

Physical Therapist full time  
Occupational Therapist full time

**Inpatient Care:**

Nurse Manager full time

**Apply:** Applications available from switchboard or on-line  
[www.calaishospital.com](http://www.calaishospital.com)

*This newsletter is published monthly by the community relations and human resources departments. CRH is an equal opportunity provider.*

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ADDRESS CORRECTION REQUESTED

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