

CareLetter

Calais Regional Hospital
24 Hospital Lane Calais, Maine 04619

Statement of Purpose

Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.

Our Vision

CRH will be known by our customers as the best rural hospital in Maine.

Statement of Values

As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality and honesty, integrity and ethical behavior. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.

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Volume XVI. No. 5
May 28, 2008

2008 CRH Excellence Award

Calais Regional Hospital is pleased to announce its 2008 Excellence Award Recipient is Debora Kinney, CRH Social Worker. The CRH Excellence Award is an honor given to an individual who exemplifies teamwork, respect for people, service to others, outstanding customer service & dedication to quality.

Debora was nominated by her peers and is described as conscientious, compassionate, knowledgeable, positive, respectful, dependable, well organized and professional. She serves on various hospital committees, has participated on Performance Improvement teams, is a member of the CRH Emergency Preparedness Decontamination Team and the palliative care team.

She is an excellent advocate for patients and family members and a great asset in emergency situations.

Her volunteer work in the community includes Red Cross Disaster Relief Services, a member of the Princeton Rod & Gun Club and the Ladies Auxiliary of the Veterans of Foreign Wars. Debora's community service also includes Victim Witness Advocate for Down East Sexual Assault Services, Certified State of Maine Firefighter, Member of the Maine Firefighters Association, Volunteer of the Cooper Fire Dept, Past chair & member of the Cooper Planning Board and a member of the National Association of Social Workers.

Debora was born and grew up in New Jersey. She graduated from Queen of Peace High School in N. Arlington where she was a member of the National Honor Society. She earned a Bachelor of Arts degree with Honors, in 3 years, from Regis College in Denver, CO, where she majored in French and minored in English.

Summers were spent in Eastport at the family's summer cottage. When she graduated from college, she returned to Washington County, eventually



Above Debora Kinney accepts her 2008 Excellence Award from Interim CEO, Harrell Connelly (l) and Director of Human Resources and Compliance, Kristi Saunders (r).

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marrying her boyfriend from Maine, David Kinney. They have been married for decades. Some time later, her parents and some siblings decided to make the seaside village of Moose Island their year round home.

Debbie's professional career in social work started as Case Manager with Down East Health Services in Calais. She was manager of Social Services for Atlantic Rehab, and for the past 9 years has been Director of Social Services at CRH.

Debbie's life outside the Hospital includes husband David and their 3 daughters, all with families of their own. Between Maine and Alaska they have 8 grandchildren to spoil.

Debbie puts a great deal of effort into providing friendship and support to her parents, family, co-workers, patients and their families and her community. A job she does very well. Congratulations to Debbie Kinney on receiving Calais Regional Hospital's highest honor, the 2008 Calais Regional Hospital Excellence Award.

Honored in the past with the CRH Excellence Award were Sallee McShane, Joan Vogelsberg, Mary McLellan, Marion Marden, Mona Van Wart, Shelly Bodkin, Sandra Granger, Sylvia Day, Sandra Sprague, Cody Stow, Shirley Richardson, Jeannine Fowler and Cheryl Trader.

Kudos

Korner



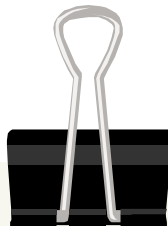
Kudos go out to the following CRH family members...

- ◆ To all the CRH employees who participated in the bone marrow donor drive on May 3 at Calais Elementary School.
- ◆ To Bob and Terry for assisting a patient at the entrance.

If you have kudos to report, please contact the community relations office.

American Cancer Society Relay For Life

The Relay for Life is scheduled for May 30-31, 6pm- 6 am at WCCC. We are recruiting members to walk for the hospital team. If you are interested in walking on the hospital team or helping to plan this event, contact CRH Team Leaders Anita Flagg at ext 261 or Judy Thornton at 454-8432. More information will be provided about the event as the date approaches.



2008 REMAINING REDUCED STAFFING Clip & Save

- Memorial Day, Monday, May 26
- Independence Day, Friday, July 4
- Labor Day, Monday, September 1
- Veterans' Day, Tuesday, November 11
- Thanksgiving Day, Thursday, November 27
- Day after Thanksgiving, Friday, November 28
- Christmas Day, Thursday, December 25



Mark Your Calendar!

The Employee Events Committee invites CRH Employees, retirees, physicians, and their families to a picnic on Saturday, July 19, 2008 from 11-3 p.m. at the Hilltop Campground, 317 Ridge Rd, Robbinston ME.

Enjoy hot dogs, hamburgers, chips, drinks and watermelon along with an afternoon filled with fun from games to swimming.

No Alcohol Permitted

Employee News



Independence Day, Friday July 4, is a reduced staffing day.

Welcome back to Karen LeBlanc, RN Inpatient Unit temporary and Maery Beth Maxwell RN.

The following have status changes: Marti Comeau surgery full time to per diem and Hollye Beckett, RN Inpatient Unit, per diem to part time.

Sorry to see you go to Evelyn Olsson who has retired with more than 15 years of service in Health Information. Evelyn has declined a celebration in her honor. She will be missed.

Congratulations to Jeannine Fowler on the birth of her 4th grandchild, Chyler Dani born April 18 to daughter Alicia and Jeff Sutherland of St. Stephen. She weighed 7 lbs 1/2 oz and was 20" long. A sister for 2-year old Casey.

Congratulations to Mary Beth Newman, RN and husband Joe on the birth of their son, Grady Josiah, born April 26 weighing 8 lbs. 1 oz. and 20 3/4 inches long. A baby brother for Kegan.

Sympathy is extended to Jo-Anne Bartlett on the death of her father; to Amber Phillips on the death of her grandfather; to Trudy James on the death of her grandmother and to Heidi McCann on the death of her grandmother.

To all CRH Staff

We would like to thank all employees who participated in our lab week. Thanks also to our reference labs, community relations and human resources for their donations of prizes. Kudos to our lab manger, Mark, for making us feel extra special that week and for the unique gifts that he donated. Thanks again, Mark.

Lab Staff

Handbook Policy Refresher

EMPLOYMENT OF RELATIVES The Hospital has no policy against hiring relatives. However, a few restrictions have been established to assure the fair treatment of all employees. While the Hospital will accept applications for employment from relatives, (such as in-laws, step-brothers, step-sisters, members of the same household, and those listed under Bereavement Leave), close family members will not be hired into positions where they would directly supervise or be supervised by another family member.

The winner from the Above and Beyond nominations for the month of April was Nicole Leeman.

To recognize someone through the Above and Beyond program, simply complete a recognition card that can be found in the lobby, Cafe, Inpatient Care Unit or Inpatient employee lounge and submit it to community relations.

COMPLIANCE

What is MaineCare?

MaineCare is a joint Federal and State program. It provides medical insurance coverage. It also provides other services to low-income individuals. In 2006, 47 million people country-wide were covered. The cost was \$317 billion dollars.

ValuesLine 1-800-273-8452

Dr. Michael Kessler	1
Melissa Greenlaw-Johnson	4
Ivie Avery	5
Beverly Champagne	5
Marian Guire	5
Sandra Sprague	5
Joan Stevens	11
Kathy Byron	12
Cathy Scullin	12
Donna Hennequin	18
Lee Seelye	20
Melissa Royer	20
Kathryn McDowell	22
Joanne Zaluski-Carney	23
Pam Ivey	27
Hollye Beckett	27
Kenny Bourgoin	28
Dr. Robert Chagrasulis	28
Angela Clark	28
Donna Spearin	28
Sonja Carter	29
Sherri Reynolds	29
April Free	30



National Hospital Week

National Hospital Week, May 6 - 12 was very busy with many events in the Hospital. This year's theme was 'Where Healing Happens Every Day'.

Over 75 volunteers attended the Annual Volunteer Dinner held at the Redclyffe with a delicious dinner on Monday, May 19. This annual event is held to recognize and thank CRH volunteers for their gifts of time and talent throughout the year.

Baby Day 2008 had a great turn out with 19 babies and 23 parents. Baby day is a celebration of babies born at CRH the prior year. Prizes were won by mother Jenny Dean and babies Alaina Berry and Jason Cook Jr. Cookies and punch were enjoyed by all as the young guests of honor were busy checking over their peers. Thanks to volunteers who staffed the event and to the cookie makers. Thanks also to the following departments who helped make Baby Day a success: food services, maintenance and community relations.

Dessert Day was a treat for everyone's sweet tooth. There were 60 free desserts given out in the cafeteria. As always, "Scoops for the Troops" was a popular event with Harrell Connelly, Interim CEO; Bernie McAdam, CFO and Linda Gralenski, Board Chair serving ice cream to employees.



Bob Mealey, maintenance, gives a try at the Wii bowling game.

Trudy James won the draw for the 8 hours of pep time.

Twenty nine employees were honored for combined service of 415 years at the Annual CRH Employee Awards Banquet.

There were many winners randomly drawn throughout National Hospital Week with a variety of prizes awarded.

CRH Health and Fitness Celebration week poker game was enjoyed by everyone who participated with different activities from showing up with sunglasses, to walking, to weight management success stories, to playing video/electronic exercise games, to smoking cessation info and much more. The poker hand was a tie with Anita Flagg and Marian Guire both collecting cards for a royal straight flush hand. The I Quit and I Never Smoked draw was won by Diana Howell and Pam Ivey. Thank you events committee

members and to all who helped make these activities such a huge success.



Harrell Connelly, Interim CEO, and Linda Gralenski, Board Chair, seemed to enjoy scooping for the troops almost as much as the troops enjoyed devouring the ice cream!



Schedule of Events

Free Blood Pressure Clinic
Woodland Manor
Tuesday, June 3, 9 a.m.

Seniority Glu/Chol Screening
CRH Classrooms
Thursday, June 5, 8 a.m.

Cardiac Rehabilitation Support Group
CRH Classroom
Friday, June 6, 3 p.m.

Diabetic Support Group
Eastport Health Care Clinic
Monday, June 9, 6 p.m.

Encore Plus
Mona Van Wart's office at CRH
Thursday, June 12, 3 - 4 p.m.

Free Blood Pressure Clinic
Paradis Shop N' Save
Thursday, June 12, 3 p.m.

Seniority Rescheduled Function
Lunch and Learn with Dr. Hadam
CRH Classroom
Monday, June 16, 10:30 a.m.

Diabetic Support Group
CRH Health Services Building
Wednesday, June 18, 6 p.m.

Free Blood Pressure Clinic
Country View Apts, Pembroke
Thursday, June 19, 11 a.m.

Auxiliary News by Muriel MacArthur

CRH Auxiliary met on May 5 at 6 p.m. at the Methodist Homes Rec Hall with 16 members present. A delicious potluck dinner was enjoyed before the meeting.

Plans were made for Baby Day May 13 at the Methodist Fellowship Hall. Workers were Sylvia Day, Mary Scribner, Gladys Greenlaw, Ilene O'Hara and Molly MacArthur. Cookie makers were Jean Leach, Irene Moreside, Ethel Young, Pat Fellers, Ilene O'Hara and Sylvia Day.

The next meeting of the Auxiliary is on June 2 at the Rec Hall. If you plan to attend let Molly know so we can get an idea as to how many to plan on. The meeting will start at 6 p.m.

The 50/50 draw went to Jean Leach.

Pie winners for the Gift Shop Donation Day were Elaine Dinsmore, Ethel Young, Johnson True Value Hardware, Marylyn Redding and Jeannine Fowler. The 50/50 draw was won by George Stevens.

See you next month.

Seniority by Carla McCann Bridges

April breakfast club winners were Mae Berry, Florence and Floyd McGlinchey. Our next breakfast is at the Wickachee Restaurant Wednesday, June 25, 7:15 a.m.

Rescheduled Lunch & Learn is in the CRH classroom on Monday, June 16 at 10:30a.m. Dr. Hadam will talk about post operative pain control techniques - she will discuss patient controlled options and other techniques focusing on epidurals. Sandwiches & salads will be provided by CRH Food Services. Please sign up with me at 454-9262 if you plan to attend.

JOB OPPORTUNITIES

Anesthesia

Full time CRNA

Rehabilitative Services

Occupational Therapist or PTA full time
Physical Therapist

Nursing

ER full time & part time

Apply: Applications available from
switchboard or on line @
www.calaishospital.com

*This newsletter is published monthly by
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Calais, Maine 04619

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