

CareLetter

Calais Regional Hospital
24 Hospital Lane Calais, Maine 04619

Statement of Purpose

Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.

Our Vision

CRH will be known by our customers as the best rural hospital in Maine.

Statement of Values

As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality and honesty, integrity and ethical behavior. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.

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Volume XVI, No. 2
February 25, 2009

CRH Anesthesia Department Welcomes Lynne McDougle, CRNA

Lynne McDougle began work at CRH in February. As a certified registered nurse anesthetist (CRNA) she joined the Anesthesia Department under the direction of anesthesiologist, Karen Hadam, M.D. Lynn relocated from Millington, Maryland. She has friends in the down east area and has vacationed here many times.

Lynne graduated from Virginia Commonwealth University, School of Nurse Anesthesia where she earned a bachelor degree. She studied nursing at Johnson-Willis School of Nursing and graduated from the respiratory therapist program at the University of Chicago.

She leaves an Anesthesia Group practice where she has worked for the past two decades in Virginia to come to Maine. She worked at the Virginia Commonwealth University Health Sciences, Medical College of Virginia Hospitals in Richmond in anesthesia, director of respiratory care, nursing administration positions and as a School of Anesthesia faculty member.

Lynne will live in Calais where she recently purchased a home.



Lynne McDougle, CRNA

Cold Weather Set Up of HazMat Tent Conducted

The CRH All Hazards Team conducted a cold weather set up of the hazardous materials tent recently. This exercise prepares the team for what to expect in the instance of a hazardous materials exposure during cold weather months. It gives the group an opportunity to monitor and note any special circumstances or problems to watch out for in less than ideal weather conditions.

The All Hazards Team is lead by Cody Stow, Safety Officer and Barbara Clark, Emergency Registered Nurse. The committee includes 14 trained staff members and is a subcommittee of the CRH Safety Committee.



HandBook Policy Refresher

APPEARANCE

To present a favorable and professional image to the public, and to promote safety, employees shall present a neat and clean appearance. Common sense should be used as a guide. Jean pants of any color and shorts shall not be worn. All employees shall wear safe, low heeled, quiet, and professional footwear. In patient care areas, stockings must be worn when wearing open toed and open heel footwear. Cologne or fragrances will not be used. Employees shall provide and be in full uniform while on duty, as required. Refer to departmental dress code policies for additional requirements in your department.

Identification badges enable the Hospital's customers and guests to become easily familiar with employees. As a result, employees shall display their ID badge at all times. Employees shall not put anything on their ID badge. Upon hire the Department of Human Resources will give you this badge. Replacement for lost badges may be requested through the Department of Human Resources at a fee of \$5.00 each.

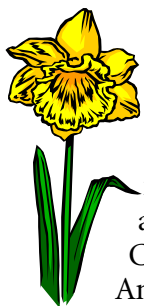
HR Staff Earn Certification

Congratulations to Human Resources staff Mary Barnett and Kristi Saunders who recently earned certification as Professionals in Human Resources (PHR). Both have long careers in Human Resources Administration at CRH.

To become certified, an applicant must pass a comprehensive examination and demonstrate a strong background of professional human resource experience. Kristi and Mary attended an evening course once a week for 10 weeks in Bangor to prepare for the exam.

A Sign of Spring

Daffodils! Once again you can support the American Cancer Society by purchasing daffodils. A bundle of ten fresh-cut daffodils is \$10; receive a Boyds Bear & one bundle of daffodils for \$25, or a potted plant for \$15. The delivery date is **March 19**. Order sheets are in all departments.



Orders must be received in community relations on or before February 27 and payment **must** accompany orders. Checks should be made payable to the American Cancer Society.

Students Job Shadow at CRH

Students interested in Radiology job shadowed with staff recently. Chad McVay is a 2006 graduate of St. Stephen High School and a student at Memorial University in St Johns, Newfoundland where he is studying sciences.

Justin Trundy graduated in 2008 from Bangor High School, Justin lives in Orrington and was in the area with family.

Emily Morgan and Robyn Stuart are considering applying to EMCC in Bangor. Emily is a graduate of Washington Academy in East Machias and Robyn is a senior at Shead High School in Eastport.

Calais High School students interested in nursing spent time on the Inpatient Unit recently. Students included Alex McVicar, Megan Sherrard, Megan Murphy, Rebecca Blake and Gina Bailey. Special thanks to the RN's and Radiology technologists for providing this valuable experience.

Students interested in job shadowing can make arrangements to do so by contacting Human Resources.

COMPLIANCE

How is Education Compliance?

Filling in the Employee Education Record is an example of compliance. Any time you follow a policy, law or regulation, you are complying with guidelines that have been set. At CRH each employee has a 3-year education record. Recently these records for the past three years were collected and the record for 2009-2011 was distributed to departments. Employees are responsible to record all training they complete. Some training is mandatory and required every year. An example of mandatory training is that all employees must review the emergency plans, and attend infection control and fire extinguisher training. Based on job title, many employees are required to complete CPR. All supervisors must complete annual harassment training each year. Compliance includes lots of things we do every day. We just don't think about it.

Employee News



Welcome to the following: Elaine Mockler, MLT temporary to full time. Elaine is from Greene ME and decided to join the CRH family and Lab after completing a temporary assignment at CRH. Tara Cooke, MT, full time Fredericton. Tara is from St. Stephen and is relocating closer to home. Jon LeClair, PTA, Rehabilitative Services full time. Jon lives in Machias and is retired military. Welcome also to Dale Bolton, RT, Radiology, full time Hollis, ME. Elizabeth Nutile, CRMS receptionist, Calais per diem. Albert DeLarosa, RN, Virginia ED temporary and Jennifer Fleming, PT, Rehabilitative Services, Calais per diem.

Welcome back to Barbara Stanhope, RN Robbinston, IP unit per diem.

Status changes: Barbara Reay, RN per diem on IP will also work part time at CRMS; Tammy Davis, Quality Data Coordinator, has changed from part to full time.

Sorry to see you go to the following: Henri Derosier, CRNA temporary. Henri plans to help us with coverage from time-to-time; and to Karen Davis, RN and Heather Beriault, Registration & Communications, who did not work within the 60 days required.

Congratulations to Heather White and her husband Randy on the birth of their third son, Noah Scott, born at CRH on January 31. He weighed 5 lbs 6 oz . Big brothers are Caleb and Braden.

Sympathy is extended to the family and friends of Sallee McShane. For nearly 30 years Sallee worked as a nursing assistant at CRH and in 1995 was the recipient of the employee Excellence Award, given to the individual exemplifying honesty, integrity and ethical behavior. She retired in 1997. Sallee was also a member of the Auxiliary, serving as Secretary for many years. Sallee will be fondly remembered by her CRH Family.

Kudos Korner

Kudos go out to the following CRH family members...

- ◆ Events Committee for the popcorn break in honor of the American Heart Assoc wear red day.
- ◆ HazMat team on a great job with the trial run setting up the hazmat tent in cold weather.
- ◆ Kristi Saunders and Mary Barnett on earning Human Resources certification.

If you have kudos to report, please contact the community relations office.

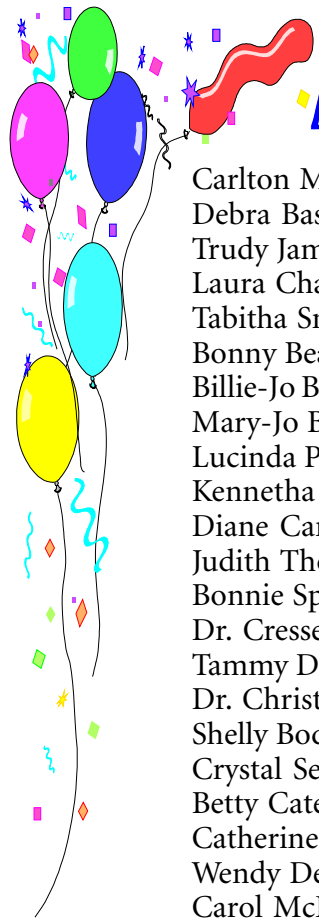
The winner from the Above and Beyond nominations for the month of January was Lee Seeley, ED.

To recognize someone through the Above and Beyond Program, simply complete a recognition card that can be found in the lobby, cafe, Inpatient Care or nursing employee lounge and submit it to community relations to have a chance to be drawn for a prize.

2009 REDUCED STAFFING

Clip & Save

Memorial Day, Monday, May 25
 Independence Day, Friday, July 3
 Labor Day, Monday, September 7
 Veterans' Day, Wednesday, November 11
 Thanksgiving, Thursday, November 26
 Day after Thanksgiving, Friday, November 27
 Christmas, Friday, December 25
 New Years, Friday, January 1, 2010



March Birthdays

Carlton Miller	2
Debra Bassett	3
Trudy James	3
Laura Chadwick	6
Tabitha Smith	8
Bonny Beausoleil	10
Billie-Jo Boone	10
Mary-Jo Burgess	11
Lucinda Pike	13
Kennetha Doten	15
Diane Canuel	17
Judith Thornton	18
Bonnie Sprague	19
Dr. Cressey Brazier	20
Tammy Davis	20
Dr. Christopher Hayward	21
Shelly Bodkin	23
Crystal Seavey	27
Betty Cates	29
Catherine Blake	30
Wendy Dean	30
Carol McElarney	31

Schedule of Events

Free Blood Pressure Clinic
Woodland Manor, Baileyville
Tuesday, March 3, 9 a.m.

Cardiac Rehabilitation Support Grp
CRH Classroom
Friday, March 6, 3 p.m.

Diabetic Support Group
Eastport Health Care Clinic
Monday, March 9, 6 p.m.

Caring Connections Support Grp
Mona Van Wart's office
Health Services Building
Thursday, March 12, 3-4 p.m.

Seniority First Aid Course
Instructor Shelly Bodkin, RN
CRH Health Services Building
Monday, March 16, 1-3 p.m.
Call 454-9262 to sign up

Diabetic Support Group
CRH Health Services Building
Wednesday, March 18, 6 p.m.

Free Blood Pressure Clinic
Country View Apts, Pembroke
Thursday, March 19, 11 a.m.

Seniority Breakfast Club
Wickachee Restaurant
Wednesday, March 25, 7:15 a.m.

Auxiliary News by Irene Moreside

The meeting of the Auxiliary was held on February 2 at the Methodist Homes Rec Hall with 11 members in attendance. Valentines were exchanged and Bingo was played after the meeting. Winner of the 50/50 was Barbara Mitchell.

We were saddened by the loss of one of our devoted and faithful members, Sallee McShane. Sallee served as the Auxiliary secretary for many years and will be greatly missed. Sincere sympathy to her family.

The Auxiliary Book Fair will be held on March 3 and 4 in the hospital classrooms. It is open to the public. Come and see the great display of books and gifts.

Donation Day is March 27, 9 a.m. to 3 p.m. Make a donation and have a chance to win a home-made pie.

Dues are \$5 for 2009 and can be paid to Irene Moreside.

Our next meeting is Monday, March 2 at 6:30 p.m. Refreshments will be provided, sandwiches: Irene and Barbara Mitchell, sweets: Barbara Lang and Jean Leach. A green auction will be held after the meeting.

Seniority by Carla McCann Bridges

January Breakfast Club winners were Irma and Bob Howbrigg and Anne Williams. The Breakfast Club meets the last Wednesday of each month at the Wickachee Restaurant at 7:15 a.m. Set the alarm; come out to join us!

A Seniority First Aid course will be offered on March 16. The instructor is Shelly Bodkin, RN. The class will be held at the CRH Health Services Building from 1 - 3 p.m. Call 454-9227 to sign up.

JOB OPPORTUNITIES

Environmental Services Worker:
part time

Nursing:
RN ED full time 3-11 p.m.
RN ED full time 7 pm-7:30 am
RN Inpatient/Special Care part time, 1 day & 1 night 12 hr shift

Rehab Services:
OT and PT full time

Apply: Applications available from
switchboard or on line
www.calaishospital.com

This newsletter is published monthly by the community relations and human resources departments.

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24 Hospital Lane
Calais, Maine 04619

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