

# CareLetter

Calais Regional Hospital  
24 Hospital Lane Calais, Maine 04619

## **Statement of Purpose**

*Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.*

## **Our Vision**

*CRH will be known by our customers as the best rural hospital in Maine.*

## **Statement of Values**

*As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality and honesty, integrity and ethical behavior. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.*

## **Inside this issue:**

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Volume XVI. No. 6  
June 25, 2008

## **CEO Selection Announced**

The Calais Regional Hospital Board of Directors is pleased to announce that J. Gary Rhodes has been selected as the new Chief Executive Officer of the Hospital. He was selected following a national search.

Mr. Rhodes comes to the hospital after serving as the CEO of Kane Community Hospital in Kane, PA for the past eleven years. Prior to that, he served four years as the Chief Operating Officer of Kane Community Hospital. Mr. Rhodes holds a Bachelor of Science degree in Business Management and is board certified in healthcare management. He and his wife, Joyce, will be relocating to the area soon. His start date has yet to be finalized.

## **Expanded Speech Therapy Services Available**

Speech and language disorders can take many forms and can limit academic achievement, social adjustment, and career advancement. An individual may be born with a speech or language disorder, or it may be caused by accidental injury or illness. "Fortunately, most people with speech and language problems can be helped," states new speech therapist Susannah Martinez, MS, CCC/SLP. "Even if the problem cannot be eliminated, we can teach people with speech and language problems strategies to help them cope. People may not fully regain their capacity to speak and understand, but a speech-language pathologist can help them live more independently." With the addition of Susannah as a full time speech therapist, a wide range of speech assessments and treatments are now available locally for children and adults. The services at CRH are available to inpatients, outpatients and home health patients. Several nursing homes in the area will also be utilizing Susannah's skills.

Some of the most common areas of treatment for children include delayed speech and or language. Helping parents and caregivers find the right kind of help is an important part of working with individual children and families. A speech, hearing and language assessment provides a diagnosis and treatment options for communication disorders. A speech therapist can help families by showing key factors to look for in noting autism, and offering



*Susannah Martinez, Speech Therapist has joined the staff in the CRH Rehab Services Department. A wide range of speech therapy services are available locally.*

*Continued on page 5*

## International Festival Events

The Peanut Fair, sponsored by the Calais PTA and Calais Regional Hospital, will be held at the Calais Elementary School Thursday, August 7 from 4-6 p.m. Forest Woodruff has again volunteered to coordinate the Doll Hospital which takes place at the Fair.

If you would like to help at the Peanut Fair, call community relations at 454-9227. To help at the Doll Hospital, call Forest at 454-7521, ext. 208.



## Handbook Policy Refresher

It is the intent of Calais Regional Hospital to maintain a working environment free of harassment, intimidation or exploitation. Should you as an employee feel that you are the victim of unwelcome sexual advances, requests for sexual favors or other forms of verbal or physical conduct in a threatening manner by any Hospital employee, supervisor or its agents, you are urged to contact the Department of Human Resources or Chief Executive Officer immediately. All complaints of this nature will be investigated promptly and information will be given only to those with a need to know. Harassment and/or threatening behavior will not be tolerated and may result in discipline up to and including discharge.

## Do you have an improvement suggestion?

- ◆ Your opinion counts.
- ◆ Share your ideas with us.
- ◆ Fill out the CRH Process Improvement Suggestion Form that was in the last payroll. Forms are distributed to employees annually & are available on the CRH Intra-Net or from any supervisor.

## Note of Thanks

A donation was made to CRH in Brent Scott's name from the collection by CRH employees in honor of the support received during a difficult time.

Thanks to everyone,  
Mary Scott

## Kudos Korner

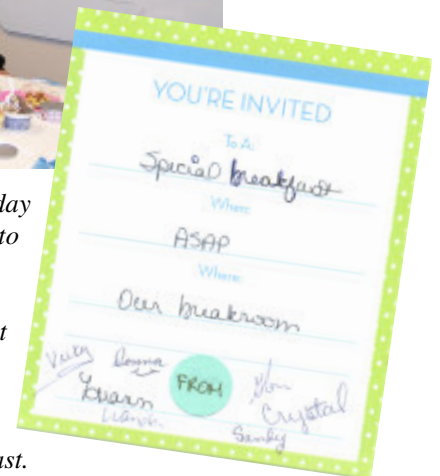
Kudos go out to the following CRH family members...

- ◆ To the Inpatient Care Unit for 100% compliance attendance at the Infection control classes.
- ◆ To the Inpatient Care Unit's night staff for creatively recognizing great teamwork.



Inpatient Care Unit day staff arrived at work to find invitations for a special breakfast prepared by the night staff workers. Above, Peter Yates, LPN and Barbara Wheaton, RN, enjoy the breakfast.

The special event included all sorts of breakfast goodies, decorations and words of encouragement and appreciation. Kudos for taking the time to recognize and appreciate fellow staff members!



If you have kudos to report, please contact the community relations office.

## Join us for a Picnic!

The Employee Events Committee invites CRH employees, board members, retirees, physicians, and their families to a picnic on Saturday, July 19, 2008 from 11-3 p.m. at the Hilltop Campground, 317 Ridge Rd, Robbinston ME.

Enjoy hot dogs, hamburgers, chips, drinks and watermelon along with an afternoon filled with fun from games to swimming.  
No Alcohol Permitted

## Employee News

Welcome to: Emily Wilkinson, Red Beach, summer student in materials management.

Welcome back to Henri Derosiers, CRNA, Bangor temporary summer. Dr. John Tkach of Robbinston has joined CRH full time. He will see patients in the Calais Regional Medical Services office at 37 Palmer Street beginning June 2. If you would like to schedule an appointment to see Dr. Tkach, contact the CRMS office at 454-8195.

Nancy Feiner has transferred from ED Manager to RN nights ED.

Eileen Leavitt has a new grandbaby Kael Brownrigg weighing 6 lbs and 11ozs born at Saint John Regional Hospital to daughter Wendy Brownrigg.

Sympathy is extended to Emma Kneeland on the death of her brother; to Mary Phelan on the death of her brother; to Lisa Beaudoin on the death of her grandmother; to retiree Marion Larkin on the death of her husband and to Carla Jundt on the death of her father.

Security is now the new Lost and Found contact ext 181.

## Students Train at CRH

Emily Wheaton from Princeton is completing clinical training in the Rehabilitative Services Department. Emily is a Physical Therapy Assistant student at Kennebec Valley Community College in Fairfield, ME.



The winner from the Above and Beyond nominations for the month of May was Brian Walton, food services.

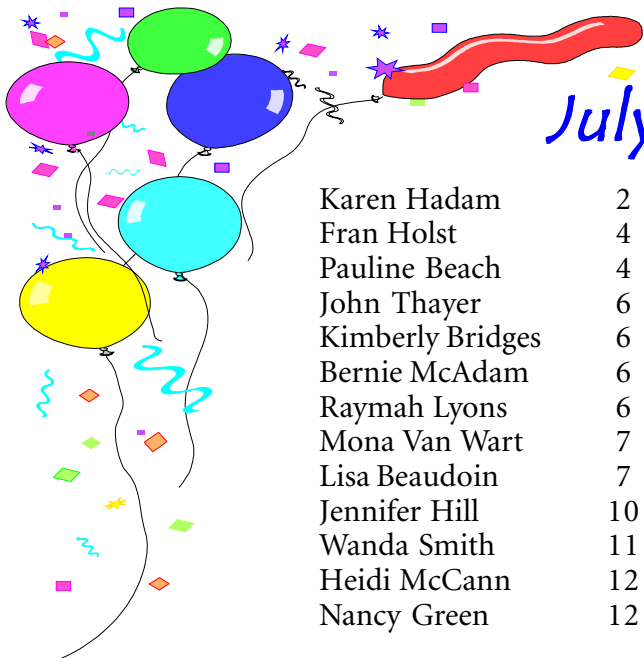
To recognize someone through the Above and Beyond program, simply complete a recognition card that can be found in the lobby, Cafe, Inpatient Care Unit or Inpatient employee lounge and submit it to community relations.

## Privacy Violations

CRH is committed to protecting patient information. There is a process at CRH to report violations. Employees are obligated to do so. Complaints are investigated promptly and appropriate action is taken. There are several ways concerns can be expressed.

- 1) Contact any supervisor
- 2) Follow the Compliments & Complaints Policy posted throughout the hospital
- 3) Contact the privacy officer or compliance officer in person or anonymously

Call the confidential CRH ValuesLine at 1-800-273-8452



## July Birthdays

|                  |    |                   |    |
|------------------|----|-------------------|----|
| Karen Hadam      | 2  | Candace Robichaud | 13 |
| Fran Holst       | 4  | Louise Lowe       | 17 |
| Pauline Beach    | 4  | Donna Mills       | 17 |
| John Thayer      | 6  | Richard Hickson   | 18 |
| Kimberly Bridges | 6  | Kristi Saunders   | 19 |
| Bernie McAdam    | 6  | Debora Kinney     | 20 |
| Raymah Lyons     | 6  | Nicole Leeman     | 20 |
| Mona Van Wart    | 7  | Amanda Hatch      | 21 |
| Lisa Beaudoin    | 7  | Mary Barnard      | 27 |
| Jennifer Hill    | 10 | Andrea Driscoll   | 27 |
| Wanda Smith      | 11 | Teresa Cousins    | 28 |
| Heidi McCann     | 12 | Dolly Newcomb     | 28 |
| Nancy Green      | 12 | Heather Rambjor   | 29 |
|                  |    | Robert Mealey     | 30 |

# Congratulations to the following graduates:

## College

*Chad Beal*, brother of Megan LaPlant, graduated from Ohio State University.

*Kristen Boies*, daughter of Beth Hinson, graduated from WCCC.

*J. Cressie Brazier*, daughter of Dr. Cressey Brazier, graduated from Columbia University.

*Laura Chadwick*, Laboratory, graduated from UMA.

*Stephanie Champagne*, daughter of Bev Champagne, graduated from WCCC.

*Elizabeth Champagne*, daughter of Bev Champagne, graduated from WCCC.

*Melissa Griffin*, daughter-in-law of Camela Griffin, graduated from Washington County Community College.

*Adam Johnson*, nephew of Sharon Johnson, graduated from University Southern Maine.

*Mathew Johnson*, nephew of Sharon Johnson, graduated from University Southern Maine.

*Stephanie Olsson*, daughter of Angela Olsson, graduated from Husson College.

*Shirley Reed*, Rehab Services Dept, graduated with a doctorate in physical therapy from Husson.

*Kelsy Snowman*, niece of Sharon Nelson, graduated from UMO.

*Holly Stoddard*, niece of Kathy Irving, graduated from Husson.

## Maine Guide Course

*Debbie Kinney*, Social Worker, *Cammi Griffin*, Practice Manager and *Sharon Johnson*, RN all completed the Maine guide course in May.

## High School

*Caleb Blake*, son of Cathy Blake, graduated from Calais High School.

*Joshua Boone*, nephew to Billie-Jo Boone, graduated from Foxcroft Academy.

*Evan Brown*, nephew of Mary-Jo Burgess, graduated from Calais High School.

*Matthew Driscoll*, son of Andrea Driscoll, graduated from Calais High School.

*Mark Edgerly*, nephew of Lisa Edgerly, graduated from Woodland High School.

*Megan Ellsmore*, daughter to Nancy Lucas and stepdaughter to Tomi Ellsmore, graduated from Calais High School.

*Justina Goodine*, daughter of Kathy Goodine, graduated from Calais High School.

*Erica Lindsay*, neice to Patty Lindsay, graduated from St. Stephen High School.

*Robert Lindsay*, nephew to Patty Lindsay, graduated from St. Stephen High School.

*Elise Ludington*, daughter of Dr. Laurie Churchill, graduated from Calais High School.

*Martha Ludington*, daughter of Dr. Laurie Churchill, graduated from Calais High School.

*Alyssa Mealey*, daughter of Robert Mealey, graduated from St. Stephen High School.

*Ashley Moore*, daughter of Debra Bassett, graduated from Washington Academy School.

*Amy Muir*, daughter of Dana Davidson, graduated from Calais High School.

*Nathan O'Neill*, son of Renee O'Neill, graduated from Calais High School.

*Justin Poor*, son of Diana Howell, graduated from Calais High School.

*Airelle Thomas*, daughter of Karen Thomas, graduated from Calais High School.

*Samantha Woodruff*, daughter of Forest Woodruff, graduated from Woodland High School.

*Angie Burlock*, granddaughter of Bernie McAdam graduated from Presque Isle High School.

## Junior High/Grade School

*Cody Arbo*, son of Kathy Arbo, graduated from Calais Middle School.

*Casey Arbo*, son of Kathy Arbo, graduated from Calais Middle School.

*Danielle DelBiondo*, daughter of Kim Mathews, graduated from St. Stephen Middle School.

*Victoria Fowler*, granddaughter of Jeannine Fowler, graduated from St. Stephen Middle School.

*Kaleb Johnson*, son of Louise Lowe, graduated from Fundy High 8th grade.

*Nicholas Sluzenski*, son of Anne Sluzenski, graduated from Charlotte.

*Melanie Ward*, daughter of Glen and Julie Ward, graduated from Woodland Jr. high.

## Elementary School

*Kaitlyn Beaudoin*, daughter of Lisa Beaudoin, graduated from East Grand Elementary.

*Tommy Collins*, grandson of Edie Marsh, graduated from Perry Elementary.

*Randi Dewitt*, daughter of Carmela Diffin Dewitt, graduated from Eastport Elementary School.

*Lucas Fowler*, grandson of Jeannine Fowler, graduated from St. Stephen Elementary School.

*Johnathon Mealey*, son of Robert Mealey, graduated from St. Stephen Elementary School.

*Paige Robichaud*, daughter of Candace Robichaud, graduated from Milltown Elementary School.

*Kendra Russell*, daughter of Michelle Johnson, graduated from St. Stephen Elementary School.

*Caleb Wheaton*, son of Becky Thornton-Harriman, graduated from Princeton Elementary School.

## Preschool

*Trey Hatt*, son of Patti Eldridge, graduated from Earlybird Preschool.

*Keaton McCann*, son of Heidi McCann, graduated from Earlybird Preschool.

## CRH Employees Participate in Relay For Life

Congratulations to the CRH Relay for Life team. They raised over \$2400, coming in fourth place at the event! The Calais Relay for Life raised over \$33,000 to benefit the American Cancer Society.

Great work to all who made the success possible. Thank you to Heatherwood Gardens for donating flowers for the team to raffle at the event. Kudos to the CRH team leaders - Judy Thornton and Anita Flagg for all the time and effort coordinating the CRH team.



## COMPLIANCE

### National Corporate Compliance & Ethics Week

#### What is SCHIP?

SCHIP is the State Children's Health Insurance Program. It was established in 1977. It provides health insurance for low-income children who do not qualify for MaineCare, but whose families cannot afford health insurance. In Maine this program is called Cub Care. In 2006, 6.6 million children were covered.

ValuesLine 1-800-273-8452

Thank you to all the employees who read the National Corporate Compliance & Ethics week publication.

Over 150 employees turned in their signed slips and were eligible for prizes. The winners were: Janet Perkins, CRMS; Diane Brown, Emergency Dept; Joan Stevens, Environmental Svcs; Mindy Smith, Radiology; Carol McFarlane, Food Services; Becky Thornton-Harriman, Lab and Lucy Carver, Respiratory Care.

### *Speech Therapy, continued from page 1*

different approaches for treatment when autism is determined. There are a number of possible interventions that can be considered by the families.

Another important part of the practice of speech-language pathology in the hospital is the routine assessment and management of patients with dysphagia, which is difficulty swallowing due to dysfunction of the muscles of the mouth and throat, and addressing the needs of patients with acquired communication disorders.

Other services that can be provided by the speech pathologist include the follow-up and retraining that are necessary following a cochlear implant, which is an electronic device surgically implanted in the skull to improve sound sensitivity. Treatment and assessment of voice disorders are routinely done by the speech pathologist. Speech fluency or stuttering for children or adults is also addressed with evaluation and treatment. Therapy following reconstructive surgery for cleft lip or palate includes the speech therapist and often involves therapy during the process of surgery and regrowth. Likewise recovery from laryngectomy, and other oral surgeries usually involves therapy time with a speech therapist to regain oral skills and choosing the best communication devices following surgery. Patients with mental retardation from birth or cognitive impairment as a result of traumatic brain injury can also benefit from the services of a speech therapist. Communication needs are assessed and alternative means of communication or the simplification of existing systems are retaught or retrained.

If you have questions or concerns that you think a speech therapist may be able to help with, please give Susannah Martinez a call at 454-2544 to find out about scheduling a visit. She is happy to help address your concerns and needs as she begins her new position as speech pathologist at CRH.

**Schedule of Events**

Free Blood Pressure Clinic  
Woodland Manor  
Tuesday, July 1, 9 a.m.

Encore Plus  
Mona Van Wart's office at  
CRH Health Services Building  
Thursday, July 10, 3 - 4 p.m.

Free Blood Pressure Clinic  
Paradis Shop N' Save, Calais  
Thursday, July 10, 3 p.m.

Cardiac Rehabilitation Support Group  
CRH Classroom  
Friday, July 11, 3 p.m.

Diabetic Support Group  
Eastport Health Care Clinic  
Monday, July 14, 6 p.m.

Diabetic Support Group  
CRH Health Services Building  
Wednesday, July 16, 6 p.m.

Seniority Ice Cream Social  
CRH Classroom  
Thursday, July 17, 1 p.m.

Free Blood Pressure Clinic  
Country View Apts, Pembroke  
Thursday, July 17, 11 a.m.

Seniority Breakfast Club  
Wickachee Restaurant  
Wednesday, July 30, 7:15 a.m.

**Auxiliary News** by Muriel MacArthur

On June 3, CRH Auxiliary met at the Methodist Rec Hall with 18 members present.

This is our last meeting until October 6. All reports were read and accepted. The auxiliary presented two scholarship awards for students pursuing a degree in healthcare: from Calais High - Courtney Ayers and from Woodland High - Rachel Torrey.

Sharon Frost won the 50/50 draw.

After the meeting we all enjoyed pizza, chips, soda and a delicious strawberry dessert to end the season.

Our next meeting will be held on October 6, at 6 p.m. with a potluck supper and an auction.

The next book fair will be held in the classrooms at CRH on September 2 & 3, they have a great variety of books so plan to stop by.

Donation Day for the CRH Coffee Shop will be held on October 23.

Come join us as we are always looking for new members and volunteers for the coffee shop.

**Seniority** by Carla McCann Bridges

May breakfast club winners were Barbara Mitchell, Cecil Moreside and Sharon Frost.

The Breakfast Club will meet Wednesday, July 30 at the Wickachee Restaurant at 7:15 a.m. Set the alarm, come out to join us!

We are having our annual Ice Cream Social on Thursday, July 17 at 1 p.m. in the CRH classrooms to celebrate National Ice Cream Month.

**JOB OPPORTUNITIES**

**Anesthesia**

Full time CRNA

**Rehabilitative Services**

Occupational Therapist, full time

Physical Therapist, full time

**Nursing**

ER part time

**Health Information**

Discharge Analyst, part time

Director, full time

**Apply:** Applications available from switchboard or on line @ [www.calaishospital.com](http://www.calaishospital.com)

*This newsletter is published monthly by the community relations department.*

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ADDRESS CORRECTION REQUESTED

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