

CareLetter

Calais Regional Hospital
24 Hospital Lane Calais, Maine 04619

Statement of Purpose

Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.

Our Vision

CRH will be known by our customers as the best rural hospital in Maine.

Statement of Values

As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.

Inside this issue:

*Employee News
Schedule of Events
Handbook Policy
Auxiliary News
Seniority News*

Volume XVI. No. 1
January 27, 2007

Painting Donated to Hospital

Calais Regional Hospital recently received a piece of art work created by his late wife to the hospital for display. Mary Seeger Livingstone was an artist and many had the chance to view her outstanding work at the Eastport Art Gallery, where she was one of its charter original members. The piece, titled "Slidebrook," is now displayed behind the information desk as you enter the hospital. Thank you to Brand, and the Livingstone family, for their beautiful donation.



"Slidebrook" by Mary Seeger Livingstone

New Year's Baby 2007



Calais Regional Hospital welcomed the first baby of the new year on January 2, 2007. Lino Perez Jr. was born to Heather Francis and Lino Perez and big sister Victoria of Perry Maine. He weighed 9 lbs. 6 ozs. and was 20 1/2" long. Baby Lino received a gift basket from My Favorite Things and a baby book from Calais Regional Hospital. Congratulations to the new parents.



Handbook Policy Refresher

All new employees must complete a Hospital-wide orientation program. Each department will orient new employees to Hospital facilities and departmental duties. Specialized orientation or training is scheduled in certain departments.

Pension Plan Appointments

Jennie Billings, Lincoln Life representative, will be at CRH on Tuesday, January 30, 2007 to meet with employees on an individual basis to discuss questions on your quarterly statements, new investment options or retirement planning. This is a good opportunity for employees who are about to become eligible for the pension plan to discuss how the plan works and the different investment options. To book an appointment between 8 am and 4 pm, call HR at ext 303.

Non Discrimination Notice

In accordance with Federal law and USDA Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability (not all prohibited bases apply to all programs). To file a complaint of discrimination, write to: Calais Regional Hospital, Section 504 Coordinator, 24 Hospital Lane, Calais Maine 04619 or call 207-454-7521 (voice) or 207 454-7608 (TDD). CRH is an equal opportunity provider and employer.

Kudos



Korner

Kudos go out to the following CRH family members...

- ▶▶ To Dan Synder for helping with the Compliance Web Education set ups.
- ▶▶ To 17 staff members in their 3rd week of the Weight Watchers-at-work program, an activity of the Events Committee.

If you have kudos to report, please contact the community relations office.

Treebute to Life Campaign a Success

The Treebute to Life campaign was a great success. This year almost \$1,180 was raised for the 2006 Annual Fund it will be used to help purchase equipment. Thanks to everyone who participated. Treebute ribbons can be picked up at the front desk of the hospital.



Events Committee Plans

The Events Committee is sponsoring a Make your own Sundae event for employees, volunteers and physicians on Valentine's Day. The event will be



held in the classrooms from 11:15 a.m. - 1 p.m.

The Committee is coordinating a Paper Bag Scrapbooking class with Melissa Royer. The cost is \$5 for all supplies, due when you register. Class dates are February 5 or 8, 4-6 p.m. in the classrooms. Each class is limited to six people. Register with Mary-Jo at ext. 212.



The winner of the Events Committee Toy Chest Raffle was Jodie Harris from Perry.

COMPLIANCE

Violations of our policies or the law can destroy our reputation. Protect yourself and CRH by reporting violations to any manager, the Compliance Officer or to the ValuesLine. Reports to the toll-free, 24 hour-a-day Values Line can be made anonymously.

ValuesLine 1-800-273-8452

Employee News

Welcome to temporary employees Leah Levesque RN ED, Mary Beth Maxwell RN and Andrea Ravenhorst RN Inpatient Unit, Sidney Hays, MLT lab, and Doug Perkovich, RN Nursing Service Manager.

Laura Chadwick, part time registration & communications clerk, will transfer to part time phlebotomist, laboratory. Laura is a student in the medical laboratory technology program.

Lacey Rome, a third year University of New England College of Osteopathic Medicine student in Biddeford, ME will be on a 4-week rural medicine rotation at CRH with Dr Hayward.

Sorry to see you go to Cynthia McGrath, RN who moved from the area.

Congratulations to laboratory technologist Megan LaPlant and husband Matt on the birth of their first child, Tyler Matthew born January 13. Baby Tyler weighed 8 lbs 7 ozs and was 21" long.

Congratulations to Valerie Durand, Data Analyst in Health Information, and Bill Kilby of Dennysville on their January 6 marriage.

Sympathy to Patty Lindsay on the death of her father, to Debbie Sutherland on the death of her mother, and to Ericka Tracy on the death of her grandmother.

Note of Thanks

CRH Family: Thank you for your kindness and expressions of sympathy during the loss of my Dad.

Patty Lindsay



The winner from the Above and Beyond nominations for the month of December was Jeff Doten.

To recognize someone through the Above and Beyond program, simply complete a recognition card that can be found in the Lobby or Cafeteria and submit it to Community Relations.

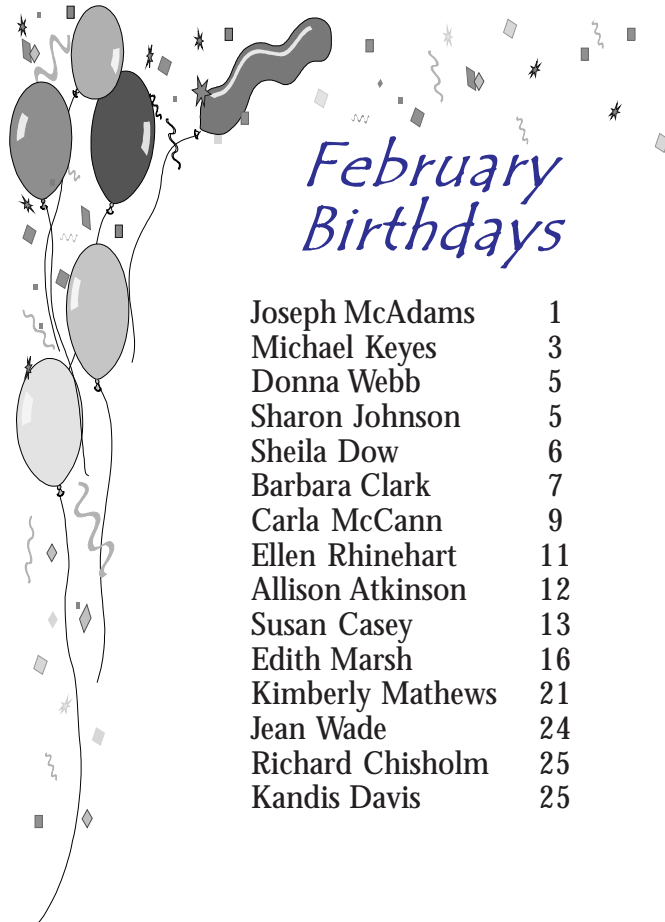
Breakfast With The CEO

The following employees attended Breakfast with the CEO in January: Teresa MacLean, Helen Mason, Jillian Higgins, Dan Snyder and Barbie Clark.



The next staff breakfast with the CEO is Wednesday, February 21 in the boardroom at 7:45 a.m. If you receive an invitation, don't forget to RSVP to ext. 165.

Please be considerate of our patients and coworkers with allergies by not wearing cologne or products with fragrances in them.



February Birthdays

Joseph McAdams	1
Michael Keyes	3
Donna Webb	5
Sharon Johnson	5
Sheila Dow	6
Barbara Clark	7
Carla McCann	9
Ellen Rhinehart	11
Allison Atkinson	12
Susan Casey	13
Edith Marsh	16
Kimberly Mathews	21
Jean Wade	24
Richard Chisholm	25
Kandis Davis	25

Schedule of Events

Seniority Potluck
Shakespeare for Pun
Methodist Homes Rec Hall
Tuesday, February 6
11:30 a.m.

Cardiac Rehabilitation
Support Group
CRH Classroom
Friday, February 2
3 p.m.

Free Blood Pressure Clinic
Woodland Manor
Tuesday, February 6, 10 a.m.

Encore Plus
Mona Van Wart's office at CRH
Thursday, February 8
3 p.m. - 4 p.m.

Free Blood Pressure Clinic
Paradis Shop n' Save
Thursday, February 8
10 a.m.

Free Blood Pressure Clinic
Country View Apts, Pembroke
Thursday, February 15
11 a.m.

Seniority Breakfast Club
Wickachee Restaurant
Wednesday, February 28
7:15 a.m.

Auxiliary News by Muriel MacArthur

The January meeting was held with thirteen members present at the Methodist Homes Rec Hall. 2007 dues of \$4.00 may be paid to Irene Moreside.

We are starting a raffle for three drawings of valentine peanut butter fudge on February 14. Tickets are on sale in the coffee shop and from any member for .50 each or 3 for \$1 proceeds go to the Auxiliary.

Our next meeting is February 5th at the Methodist Rec Hall, please come and join us. Refreshment committee is Eileen and Ethel for sandwiches and Irene and Carla for sweets. Please bring a valentine and something for the food pantry.

50/50 draw went to Grace Meader.



Seniority by Carla McCann

Seniority is having a pot luck luncheon on Tuesday, February 6 at 11:30 a.m. at the Methodist Homes Rec Hall. Bring a covered dish and a place setting. Following lunch, Melissa Mitchell, WCCC Instructor will join us to offer Shakespeare for Fun - a play from the currently running Shakespeare for Fun class. Shakespeare for Fun will offer the opportunity to delve deeply into the language of Shakespeares' plays through the development of an understanding of his use of sentence word order, English grammar, and puns.

JOB OPPORTUNITIES

Environmental Services

Worker part time

Rehabilitative Services

Director full time

Physical Therapists full time

Communications & Registration

Clerk part time

Nursing

RN ED full time & part time all shifts

Nursing Svc manager full time

Apply: Applications available from switchboard or on line @ www.calaishospital.com

This newsletter is published monthly by the community relations department. CRH is an equal opportunity provider.

Calais Regional Hospital
24Hospital Lane
Calais, Maine 04619

ADDRESS CORRECTION REQUESTED

Nonprofit
Organization
U.S. Postage
PAID
Calais, Maine
04619
Permit #38