

# CareLetter

Calais Regional Hospital  
24 Hospital Lane Calais, Maine 04619

## **Statement of Purpose**

*Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.*

## **Our Vision**

*CRH will be known by our customers as the best rural hospital in Maine.*

## **Statement of Values**

*As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.*

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Volume XVI. No. 11  
November 22, 2006

## **Deborah Gibson Retires**

Deborah M. Gibson has announced her plans to retire after six years at CRH.

Debbie was born in Calais, the daughter of the late Esther and Ken Wheelock of Baileyville. Deb grew up in this mill town, graduating from Woodland High School in 1963.

Prior to joining CRH in 2001, Deb worked for 20 years at the Passamaquoddy Lodge in St. Andrews, NB, Canada. While there she worked in multiple roles including food services, housekeeping and laundry services.

She and her husband, Jim Gibson of Calais, have a combined family of four children; daughter Kathy Griffiths and son Robert Griffiths who live in Ontario, daughter Julie McNeil of Fredericton NB and son JR Gibson of Machiasport ME. They also have two grandchildren one great grandchild and another on the way.

Deb and Jim plan to spend the winter in Florida and summers on the shores of Pleasant Lake, where they have enjoyed the sun around work schedules for the past 16 years.

Deb also plans to continue her active walking schedule, singing and playing guitar and maybe even enter a co-ed dart tournament or two.

Deb will be remembered at CRH as a reliable, flexible and efficient employee who always kept busy. Her friends at CRH will fondly remember her positive attitude, friendly personality and ability to get along well with others.

A celebration in her honor will coincide with the Holiday Cider Break at CRH on Wednesday, December 6, 2006 in the cafeteria from 2:30-3:30 p.m. Best wishes Debbie!



*Deborah Gibson*

### Treebute to Life

The annual Treebute to Life campaign began November 13, 2006. A donation of five dollars places a ribbon in memory of, in honor of, in appreciation of, or in celebration of a person or life event of special significance to you. The personalized ribbons are displayed on a tree in the CRH lobby with your designated name or event.



The donations are also listed in the annual report by donor and the tributed person or event.

At your request, a letter will be sent to acknowledge your donation to the person of your choice. In January the ribbons may be picked up as keepsakes or to be used as bookmarks.

All donations to the Treebute to Life campaign benefit the CRH Annual Fund. Forms are available in the Lobby.

### Handbook Policy Refresher

#### Mail/Deliveries

Personal mail or packages cannot be sent to the Hospital and will not be accepted.

#### Newsletter

The Hospital publishes the Careletter the fourth Wednesday of each month. It is available in the lobby, distributed to all departments and mailed throughout the community. Employees are invited to submit stories and/or ideas for inclusion to the Community Relations Department.

### Open Enrollment: Life Insurance

December is the month employees can purchase, increase or decrease group term Life Insurance coverage. To enroll for the first time, Evidence of Insurability is required and forms are available from HR. All paperwork must be completed in HR by 12 noon, Friday, December 29.



The winner from the Above and Beyond nominations for the month of October was Pauline Brown, CNA.

To recognize someone through the Above and Beyond program, simply complete a recognition card that can be found in the Lobby or Cafeteria and submit it to Community Relations.

### Events Committee Holiday Plans

The Events Committee is sponsoring a hot apple cider, cookie and fruit break on Wednesday, December 6 from 1:30-3:30 p.m. in the cafeteria. All employees, physicians, staff, volunteers and board committee members are invited to attend. Debbie Gibson will be honored on her retirement.

The committee is sponsoring a raffle for a Toy Chest filled with all kinds of goodies starting November 1 and the draw will be December 22. Tickets are available from committee members or at the switchboard for \$1 each or \$2 for 3.

Cookbooks are still on sale in the coffee shop for \$5. These are great for gifts for the holidays.

### Note of Thanks

We would like to thank everyone for the cards, donations, concern and support that we received on the death of my father, John Rhoades. Also a special thank you to Fran, April, Barb, Julie and Lisa for attending the funeral. It was greatly appreciated.

Thank you  
Vaughn and Marion Monk

## COMPLIANCE

### How Can I Protect Patients' PHI?

PHI is Protected Health Information. Here are some of the ways PHI can be seen or heard by others:

- √ What you say aloud while talking to a patient;
- √ Computer monitors that can be seen by people passing by;
- √ Waste supplies with patient labels on them;
- √ Information shared by phone, computer or fax;
- √ Areas left unlocked;
- √ Documents not shredded;
- √ Access to information not needed to do your job;
- √ Sharing information with others who have "no need to know".

## Employee News

**W**elcome to Heidi Williams, RN, CRMS per diem; David Robinson, RN, Vermont, ED, temporary; Marian McGouldrick, Calais, full time cook; Kadie Poole, Calais, environmental services worker, per diem and Tashina Frances, Perry PT Environment Services.

Sorry to see you go to the following who are moving from the area: Shelley Spencer, RN, Jessica Hilt, PT and Carol Tarquinio, PT Director. Erin Cox, CRMS Medical Office Assistant accepted a position in Eastport closer to home.

Sympathy is extended to Julie Cox on the death of her father, Marion Monk on the death of her father, Allison Atkinson on the death of her grandmother, Kristi Saunders on the death of her mother-in-law, volunteer Irene Moreside on the death of her mother and Melissa Greenlaw-Johnson on the death of her grandmother.

Congratulations to Bonnie Burns on her September 1 marriage to Patrick Beausoleil.

Kristine Mesman, PTA, has been appointed Interim Director of Rehabilitative Services. She will replace Carol Tarquinio who is moving to Arizona.

## Blood Drive

**T**he blood drive held at CRH October 25 produced 47 units of blood.

Thanks to the following volunteers who helped make this effort a success: Linda Gralenski, Jane & Rob Cook, Carla McCann, DeeDee Travis, and the following Calais High School students: Stephanie Seeley, Ashley Knowles, Jessica Gowan, Rebecca Leavitt and Patricia Candelmo. Thank you to Anne Skriletz who organized the group of Calais High volunteers. Of course, a big thanks to all donors who give at our local blood drives. Don't forget continued support is needed at future blood drives to ensure the Red Cross can maintain available supplies.

## Cook Book Correction

**T**he Events Committee cookbooks has a mistake in the recipe for "Salmon Enchanted Evening". There is an omission of 1/2 cup of salad dressing.

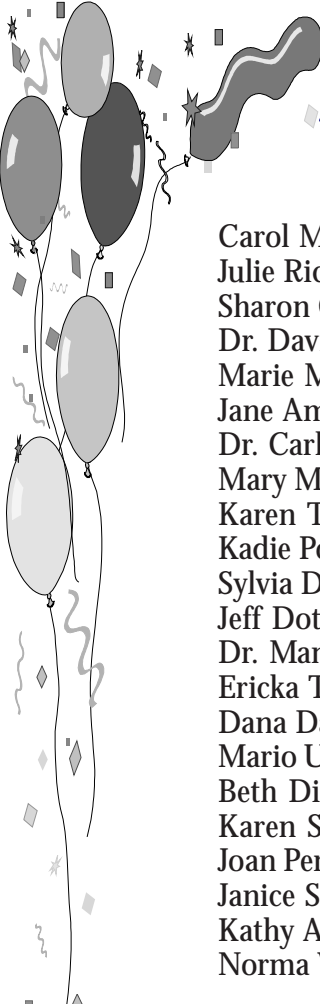
## *Kudos Korner*



**K**udos go out to the following CRH family members...

- ▶▶ To Norma Van Devander, Credentials coordinator for her contributions to The Maine Chapter of the National Association Medical Staff Services.
- ▶▶ To the anonymous donation of stuffed animals for pediatric patients.
- ▶▶ To Home Health staff on their successful inspection.
- ▶▶ To Irene Moreside for bringing Thanksgiving dinners to our nurses.
- ▶▶ Katie Michie, OT and Jessica Hilt, PT for visiting Atlantic Rehab patients on Halloween with their dog in costume for the residents to enjoy.

If you have kudos to report, please contact the community relations office.



## December Birthdays

Carol McFarlane	7
Julie Richard	7
Sharon Goding	10
Dr. David Feiner	13
Marie McKeown	13
Jane Ames	14
Dr. Carlos Ahumada	14
Mary McLellan	14
Karen Thomas	17
Kadie Poole	17
Sylvia Day	18
Jeff Doten	20
Dr. Manuel Hensley	20
Ericka Tracy	22
Dana Davidson	22
Mario Umali	23
Beth Dicenzo	23
Karen Sabattus	28
Joan Perry	29
Janice Sullivan	29
Kathy Arbo	31
Norma Van Devander	31

## Schedule of Events

**Cardiac Rehabilitation Support Group**  
CRH Classroom  
Friday, December 1, 3 pm

**Free Blood Pressure Clinic**  
Woodland Manor  
Tuesday, December 5, 9-11 am

**Seniority Holiday Movie Matinee**  
CRH Classroom  
Thursday, December 7, 1 pm

**Encore Plus**  
Mona Van Wart's office at old CRH  
Thursday, December 14, 3 - 4 pm

**Free Blood Pressure Clinic**  
Paradis Shop N' Save  
Thursday, December 14, 10 am

**Seniority Trip to St. Andrews**  
Tours of Homes  
Friday, December 15, 4:45 pm \$7 cdn

**Free Blood Pressure Clinic**  
Country View Apts, Pembroke  
Thursday, December 21, 11 a.m

**Seniority Breakfast Club**  
Wickachee Restaurant  
Wednesday, December 27, 7:15 am

## **Auxiliary News** by Muriel MacArthur

**C**RH Auxiliary met on Monday November 6 with 12 members present. During the regular business meeting a nominating committee was chosen for a new slate of officers for our 2007 year.

Our Christmas party will be held at Palmer Lane Estates on December 4 at 5:30 p.m. If you plan to attend, please call me at 454-3197. We need an idea of how many will be attending. The cost for the meal is \$10 per person. Instead of gift giving this year, members are asked to bring a donation for the food pantry. Plans were also made for our Christmas Bazaar which will be held in the CRH Classrooms on Friday, December 8, 7 a.m. - 3 p.m. Winner of the 50/50 draw was Pat Yardley.

Pie winners from Donation Day were Pam Ivey, Calais Motor Inn, Johnson True Value, IGA Food Liner and K ofC. Post 149.

The winner of the Thanksgiving Day basket was Jack Smith.

## **Seniority** by Carla McCann

**C**ome out for the winter festival in St. Andrews. The Candlelight Tour of Homes & Shop-Fronts takes place *Friday December 15*. We will meet in the CRH Lobby at 4:45 pm. and car pool to St. Andrews to experience warmth and hospitality as we visit a collection of historic and unique homes, inns and shop-fronts decorated for the holidays. I will need an accurate number for advance tickets of \$7 cdn funds. Please call and sign up.

We will be having a Holiday Movie Matinee of "Christmas with the Kranks" with hot apple cider and cookies. This will be in the CRH Classroom on Thursday, December 7 at 1pm. Please call and sign up.

### **JOB OPPORTUNITIES**

#### **Laundry**

Worker part time

#### **Rehabilitative Services**

Physical Therapist full time

#### **Nursing**

RN ED full time all shifts

RN Inpatient Unit full time 7pm-7:30am

RN Inpatient Unit part time 7pm-7:30am

**Apply: dept human resources**

*This newsletter is published monthly by the community relations department. CRH is an equal opportunity provider.*

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24 Hospital Lane  
Calais, Maine 04619

ADDRESS CORRECTION REQUESTED

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