

CareLetter

Calais Regional Hospital
24 Hospital Lane Calais, Maine 04619

Statement of Purpose

Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.

Our Vision

CRH will be known by our customers as the best rural hospital in Maine.

Statement of Values

As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.

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Simmons Bids Farewell

Dr. David Simmons, long-term physician in the Calais area, will be leaving his medical practice in February. Dr. Simmons has decided to pursue his role with the Maine Medical Association, directing the Physician Health Program on a full-time basis. He has worked in this position on a part-time basis since 2001. "I arrived at this difficult decision after much reflection about how to balance the best interests of my patients with what I know to be important in my own life," said Dr. Simmons. "At the conclusion of that process, I decided that I can give the most service to my profession and give more benefit to the most patients through my role as the Director of the Physician Health Program." He plans to remain in Calais, which he has called home for the last 21 years.



Dr. David Simmons

Dr. Simmons has taken great satisfaction from the many patients he has treated over the years and will definitely miss the personal interaction with his patients. He speaks of mixed emotions from simply looking at his stethoscope and thinking he may never use one again. However, he takes pride in his work outside of the practice as well. "The work I do is critically important to the professionals I see and the patients they serve," states Dr. Simmons. "We began with 15 referrals a year in Maine. That has grown to 75 and now Vermont is also being added." Dr. Simmons monitors providers for anything that could impair their ability to practice, such as medical conditions, depression, alcohol/drug abuse, etc. The growth of the program, on top of a busy practice takes a lot of time and work. Cutting back to just one area will allow Dr. Simmons to slow down and enjoy more time with his family and his interests. Dr. Simmons' wife, Ann, is a pediatrician at CRMS in Calais and his daughter Erica recently graduated from Stanford University and began her career as a geo-archeologist with a tri-county Open Space Commission in the San Francisco Bay Area.

"Dr. Simmons has served the patients of the Calais area with great care and dedication since 1986," said Ray H. Davis, Jr., CEO of Calais Regional Hospital. "He has truly improved the lives of countless patients and families in the area. We offer him our profound thanks and warm wishes for a fulfilling next chapter in his life."

During his tenure at Calais Regional Hospital, Dr. Simmons served the hospital as Chief of Staff and a board member. He was a past president of the Washington County Medical Society, past president of the Maine Medical Association, past chair of the New England Delegation of the American Medical Association and past trustee of the Calais Congregational Church. Dr. Simmons is the current Medical Director at Atlantic Rehab and Nursing Home and is the Clinical Director of the Community Health and Counseling Hospice.

2007 REDUCED STAFFING

Clip & Save

- New Years, Monday, January 1
- Presidents' Day, Monday, February 19
- Memorial Day, Monday, May 28
- Independence Day, Wednesday, July 4
- Labor Day, Monday, September 3
- Veterans' Day, Monday, November 12
- Thanksgiving, Thursday, November 22
- Day after Thanksgiving, Friday, November 23
- Christmas, Tuesday, December 25

Handbook Policy Refresher

Memorial and Annual Fund

Donations to the Calais Regional Hospital Memorial and Annual Funds are used for the improvement and expansion of Hospital health care services. Memorial donations may be made in honor of a person or event as well as in memory of someone. Examples are a wedding, a birth, or a special occasion. Acknowledgments are sent to all persons designated (the amount of the gift is not mentioned) and confirmation of the gift is forwarded to the donor. Annual Fund donations are usually designated for equipment or services as designated in each annual appeal. Annual Fund donations are also confirmed to the donor. Memorial and Annual Fund donations are listed in the Annual Report and are tax deductible to the extent provided by the law. All contributions are greatly appreciated. Employee payroll deduction options are available. For more information contact the Community Relations Dept.

Kudos



Korner

Kudos go out to the following CRH family members...

- ▶ The Events Committee for the lovely cider break.
- ▶ To Debbie Gibson on her retirement.
- ▶ To CRH for the holiday gift certificates.

If you have kudos to report, please contact the community relations office.

Do you have an improvement suggestion?

- ◆ Your opinion counts.
- ◆ Share your ideas with us.
- ◆ Fill out the CRH Process Improvement Suggestion form that was in your last payroll check. Forms are distributed to employees annually & are at the T&A System and on the CRH Internet.

For customer convenience, baby changing stations are located now behind the chapel, Emergency waiting, and Labor & Delivery waiting. Signs are posted.

Safety Committee Notice

Cellular phones may be hazardous to our patients' health! Incidents have been reported in hospitals linking cellular phone electro magnetic interference with electronic equipment.

Cellular phones must be turned off in all areas of the hospital except for the lobby, coffee shop, the classroom, ED waiting and boardroom. Staff are asked to inform anyone using a cellular phone in other areas of our policy. Remember never discuss protected health information on cell phones.



COMPLIANCE

COMPLIANCE

Balance Patient Care and Privacy

Protecting patient privacy shows you care about patients. Patients will appreciate and they expect that you will respect their privacy. There are simple ways you can limit what you say in public areas. Never refer to a patient in a waiting room by the name of their test or reason for their visit. Try to use private places when talking to patients. Draw a curtain or lower your voice.

ValuesLine 1-800-273-8452

Employee News

Congratulations to Kim Bridges who has been promoted to Materials Management Assistant. Kim joined CRH 6 years ago in environmental services. For the past 3 years she has held the position of Materials Management Clerk. Also to Kris Mesman, PTA has assumed interim leadership of Rehabilitative Services.

Welcome to Candace Robichaud, St Stephen, Billing Clerk CRMS, full time; Angela Clark, Calais, Medical Office Assistant CRMS, full time; Richard Hickson, Eastport, Security full time; Michael Keyes, Calais, Security part time and Heidi Williams, RN CRMS, per diem.

Welcome to the following temporary nurses who will be working in the Inpatient Unit: Lori Rossetti, RN; Rusty Robertson, RN; and Chris Scalabrin, RN, ED.

Niki Leeman has transferred from part time Laundry to full time Materials Management Clerk. Karen Davis, RN will change status from part time to per diem. Karen is a student in the nurse practitioner program. Donna Gawe, RN will change status from full to part time. Amber Phillips will transfer from part time Environmental Services to part time Laundry.

Crystal Seavey, a senior nursing student at Husson College will do her clinical partnership at CRH in early 2007. Crystal is from Baileyville and a graduate of Woodland High School. Her preceptor will be Heidi McCann, RN.

Sorry to see you go to the following who are moving from the area: Elissa Mitchell, RN, Nursing Service Manager; Nancy Ford, RN and Krista Arsenault, RN.

Congratulations to Susan Casey on the birth of her first grandchildren, grandson Keegan Douglas and granddaughter Kylee Adelaida. The twins were born at CRH Nov 21, 2006.

Sympathy is extended to Melissa Greenlaw-Johnson and Kim Spear on the death of their grandmother, to the family of Tom O'Hara, a life member of the CRH Auxiliary, and to Patty Lindsay on the death of her father.



The winner from the Above and Beyond nominations for the month of November was Sandra Cox.

To recognize someone through the Above and Beyond program, simply complete a recognition card that can be found in the Lobby or Cafeteria and submit it to Community Relations.

Breakfast With The CEO

The next staff breakfast with the CEO is Tuesday, January 16 in the boardroom at 7:45 a.m. If you receive an invitation, don't forget to RSVP to ext. 165.



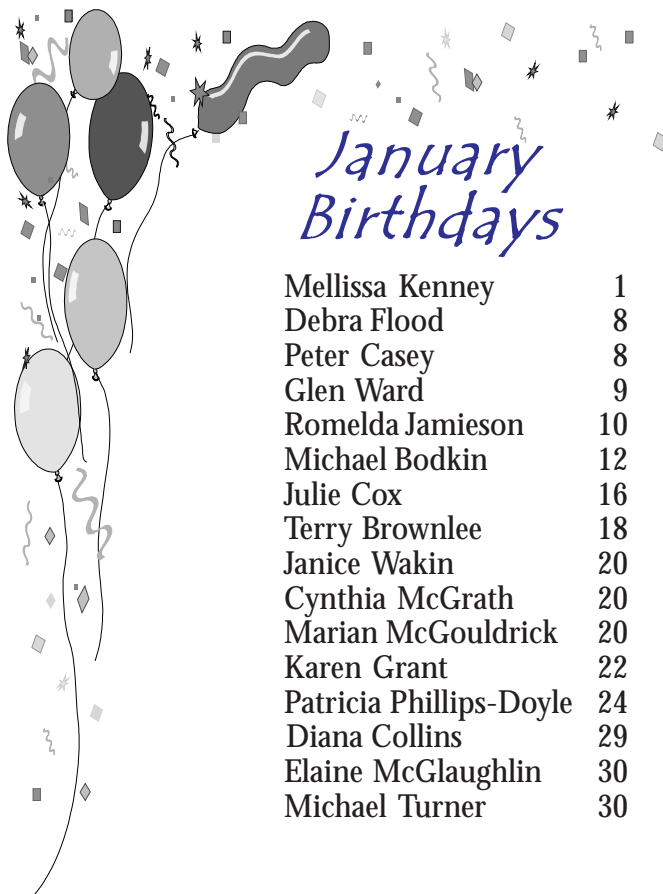
Note of Thanks

The Family of Darrell Clark would like to thank the Calais Hospital doctors and nursing staff for all their help and kindness during his hospital stay. It was greatly appreciated.

Thanks again
Allen Clark & Family

To my secret Christmas friends, I just wanted to thank you for thinking of me this Christmas. It's nice to be told I'm appreciated. It just makes the job and working with everyone, more enjoyable. Thank you so much!

April Free



Schedule of Events

Free Blood Pressure Clinic
Woodland Manor
Tuesday, January 29 a.m.

Cardiac Rehabilitation
Support Group
CRH Classroom
Friday, January 5 3 p.m.

Free Blood Pressure Clinic
Paradis Shop n' Save
Thursday, January 11 10 a.m.

Encore Plus
Mona Van Wart's office at CRH
Thursday, January 11
3 p.m. - 4 p.m.

Seniority Bowling
CRH Lobby
Tuesday, January 16
9:45 a.m.

Free Blood Pressure Clinic
Country View Apts, Pembroke
Thursday, January 18 11 a.m.

Seniority Breakfast Club
Wickachee Restaurant
Wednesday, January 31 7:15 a.m.

Auxiliary News by Muriel MacArther

CRH Auxiliary met on December 4 at Palmer Lane Estates for our annual Christmas party, catered by Charles Casey. Everyone enjoyed a delicious dinner served by the ladies. Following the dinner a short business meeting was held. Officers for the year were announced. A request from the Auxiliary was presented by DeeDee Travis concerning Radiology equipment and an LCD projector. A vote was taken and all agreed to purchase these items. The 50/50 draw was won by Thelma Rideout.

Our next meeting will be on Jan 8 with refreshments provided by Barbara Mitchell and Grace Meader.

The winners of the raffles for the Christmas Bazaar were Rusty Staples, Vicki Clark, Sharon Diffin, Evelyn Olsson and Sally Smith. The 50/50 was won by Marian Guire. This was a great success. Thanks to all who participated.

***Wishing you a
Happy and Healthy
New Year***

Seniority by Carla McCann

Seniority is having an outing to the Bordertown Bowling Lanes in St. Stephen to bowl three strings at a cost of \$6.75 cdn. (There is no charge for shoes). We will meet in the CRH Lobby on Tuesday, January 16 at 9:45 a.m. Afterwards, anyone interested can join the group for lunch at Pizza Delight. Call to sign-up and let me know if you can car pool.

The Breakfast Club meets Wednesday, December 27 at the Wickachee Restaurant at 7:15 a.m. Set the alarm, come out to join us!

JOB OPPORTUNITIES

Environmental Services

Worker part time

Rehabilitative Services

Director full time

Physical Therapist full time

Nursing

RN ED full time all shifts

RN Inpatient Unit full time 7pm-7:30am

RN Inpatient Unit part time 7pm-7:30am

Apply: dept human resources

This newsletter is published monthly by the community relations department. CRH is an equal opportunity provider.

Calais Regional Hospital
24Hospital Lane
Calais, Maine 04619

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