

Statement of Purpose

Calais Regional Hospital exists to provide and plan patient care, educational and restorative services that meet our customer's expectations, commensurate with available resources.

Our Vision

CRH will be known by our customers as the best rural hospital in Maine.

Statement of Values

As an organization we value customer service, leadership and progressive management, compassion, teamwork and collaboration, stewardship of resources, and dedication to quality and honesty, integrity and ethical behavior. At CRH, quality means the continuous improvement of programs and services in an effort to exceed customer expectations.

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Mary McLellan Retires After Over Forty Two Years

Mary McLellan, RN, Director of Obstetrics retired from Calais Regional Hospital at the end of January. After four decades touching the lives of many families in the St. Croix Valley, Mary will finally have extra time to spend with her family and on her many hobbies.

Mary was born in Calais, the daughter of Clyde and Muriel Doten. She grew up in Baring with one brother and one sister and lots of cousins not too many doors away. Mary graduated with honors from Calais Memorial High School and the St Mary School of Nursing, Lewiston, ME.

Mary joined CRH soon after her graduation and spent her entire nursing career at CRH. She worked part time as an RN on OBS, and over many years, helped in ICU, ED, and Med/Surg, working 8 and 12 hour shifts, doing ambulance runs, helping as nursing supervisor and teaching. Her part time schedule lead to full time in 1989 and a year later she was promoted to lead the OB department. While Nurse Director, and raising children, she enrolled in the University of Maine at Orono, Bachelor of Nursing program and graduated in 1993. She also earned National Certification in Maternal/Child Nursing.

Delivering babies seems to be a family tradition. Her mother was an RN who worked at CRH for many years as an OB nurse. She even performed Mary's orientation to the CRH OB Department. Mary's daughter is also an OB nurse in Bridgeton, Maine.

Cooperative, flexible, professional, competent and a role model for others are descriptions of Mary in both her medical and personal life. In 1989 she was named CRH Employee of the Year, an honor for those who have exhibited exemplary service beyond their job responsibilities. Chief Nursing Officer Cheryl Zwingman-Bagley notes, "It will be a great loss to CRH when Mary retires."

Mary's family includes her husband and high school sweetheart, E. Douglas McLellan. They live in Baring and have two children and four grandchildren. Daughter Laurie Green and husband Steven live in Casco with children Ethan, 14 and Abigail, 11. Son Duane and wife Crystal live in Calais with children Austin, 10 and Casey, 4.



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New Stroke Support Group

Calais Regional Hospital Rehabilitation Department, along with the Food Service Department, is pleased to announce the formation of a Stroke Support Group. The main focus of the Stroke Support Group is to provide stroke survivors and their caregivers a safe, supportive environment to interact with others dealing with similar limitations. This support group is open to everyone in the community who has suffered from a stroke, is caring for someone suffering from a stroke or is just interested in learning more about strokes in general.

Representatives from Occupational Therapy, Physical Therapy, Speech Therapy, and Food Service will be at the first informational meeting. Meetings will be held the third Thursday of every month at 3:00 p.m. These meetings will be held at the Calais Methodist Home Community Center.

The first meeting of the Stroke Support Group will be February 17, 2011. Contact Kris Mesman in the CRH Rehabilitation Services Department with questions at 454-2544 or kmesman@calaishospital.org. They hope to see you there!



HandBook Policy Refresher

EMERGENCY PLANS: A plan of action describing assignments of employees during activation of the disaster plan, fire, bomb threat, or evacuation procedures is available in each department. Periodic drills are held to test the response of the staff. Employees are required to be familiar with the plan and their respective assignments.

COMPLIANCE

Mandatory Education

Annual mandatory training required of all staff includes the following:

- Corporate Compliance
- Fire Safety
- Infection Control
- Harassment in the Workplace

Clinical staff is also required to complete Standard Precautions: Bloodborne Pathogens and Other Potentially Infectious Materials training.

Clinical staff, the administrative council, all department directors, employed and non-employed medical and allied health staff, and the board of directors are required to complete EMTALA training annually.

ValuesLine 1-800-273-8452

Safety Survey

Thank you to all employees who participated in the Hospital Safety Survey in December. We had an overwhelming participation rate of 80%. That is an accomplishment that all should be proud of. There were many comments from participants showing great thought and consideration. All comments will be reviewed, along with the data reports from the survey questions, by the Culture of Safety Task Force. The information will be used to identify our next steps in providing a culture of safety where all hospital employees and medical staff providers become advocates for safety and patient rights.

Retirement

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“I have sincerely enjoyed my work at CRH. Labor and delivery have been my passion even though over the years I have worked in every department,” stated Mary. “I know I will miss the patient care aspect of my job after retirement.”

However, Mary will have little time to miss too much about CRH with her many hobbies of sewing, reading, making crafts, playing piano, singing, photography, scrapbooking, and quilting. Not to mention her town and church activities and her love of spending time with her cherished grandchildren and at her camp on Pocomoonshine Lake. Congratulations Mary and best wishes on a happy and healthy retirement.

Employee News



Welcome back to Billie-Jo Ham, Calais, full time Radiology Technologist; Pamela Reynolds who is providing interim coverage for Patient Accounts Director Melissa Kenney's family leave and to Annie Reilly, PT temporary, Michigan Rehabilitative Services.

Welcome to Samuel Benigno from Fredericton NB, full time Physical Therapist in Rehabilitative Services; Margaret Altavator, Calais, Environmental Services full time; Stephen Kamppi, RN from Minnesota, and Karen Bedsaul, RN, from Tennessee, ICU full time temporary; Michael Spencer, RT, Farmington, part time; Mark Nischwitz, RN, Racine, WI, ED Director Interim until June; Michel Deveau, PTA, Wilton ME, Rehabilitative Services temporary; Christine Cleaves, CRNA, Virginia full time; Jessica Seavey, CNA, Baileyville, ICU, per diem.

Suzette Scott, Environmental Services and Paulette Meister, RN OBS have changed status from part to full time and Kristen Fowler, Ward Clerk ED, full time to per diem. Wanda Smith, RN, ED FT will transfer to OB full time.

Sorry to see you go to Dr. Javery, temporary Hospitalist who has moved to Denver, CO and also to Dr. Laurie Churchill, ED who has accepted a position at Eastport Health Care.

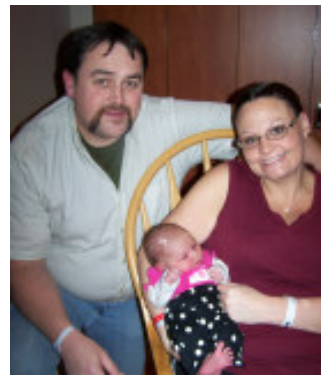
Sympathy to Norma VanDevander on the death of her husband and former CRH physician, Dr. Dorsey VanDevander and to the family of (Joanne) Petrea Mahar. Petrea worked in Food Services at CRH for 26 years before leaving in 2001; and Jo-Anne McGovern on the death of her father.

The winner from the Above and Beyond nominations for January was Billie-Jo Leighton for completing all of the start up on her call shift submitted by Megan LaPlant. Six nominations were presented this month.

To recognize someone through the Above and Beyond Program, simply complete a recognition card available in the lobby, cafe and Inpatient Care employee lounge and submit to community relations for a chance to win a prize.

CRH New Year's Baby

Calais Regional Hospital welcomed the first baby of the New Year on January 7, 2011.



Brooke Leanne Corbett arrived at 1:38 p.m. weighing 7 lbs 15 oz. Proud parents are Jessica DelMonaco and Daniel Corbett of Robbinston. Baby Brooke was presented with gifts from the hospital. Congratulations to the new parents.

Soups On! Event

CRH employees, volunteers, physicians and their staff are invited to celebrate with a Complimentary Soup's On Luncheon sponsored by the Events Committee. The event will be held in the classrooms Wednesday, February 9, 11am - 1 pm. Bread Sticks, Soups: Chicken Noodle, Cream of Broccoli, Pasta Fagioli and Chocolate Fondue for Dessert. Bring a canned good for the food pantry to be eligible for a prize drawing.



February Birthdays

Joseph McAdams	1
Michael Keyes	3
Donna Webb	5
Sharon Johnson	5
Barbara Clark	7
Elena Mikelis	8
Vincent Day	8
Carla Bridges	9
Allison Atkinson	12
Susan Casey	13
Edith Marsh	16
Jo-Ann McGovern	20
Kimberly Mathews	21
Debra Hill	22
Kandis Davis	25
Mary Beth Maxwell	28

Auxiliary News by Pat Fellers

Schedule of Events

Free Blood Pressure Clinic
Woodland Manor, Baileyville
Tuesday, February 1, 9 a.m.

Cardiac Rehabilitation Support Group
CRH Classroom
Friday, February 4, 3 p.m.

Caring Connections Support Grp
Health Services Building
Thursday, February 10, 3-4 p.m.

Stroke Support Group
Methodist Homes Rec Hall
Thursday, February 17, 3 p.m.

Seniority Valentine Dance
Methodist Homes Rec Hall
Friday, February 18, 1 p.m.

Free Blood Pressure Clinic
Country View Apts, Pembroke
Thursday, February 24, 11 a.m.

Seniority Breakfast Club
Wickachee Restaurant
Wednesday, February 23, 7:15 a.m.

At the January meeting it was discussed and voted on favorably to **change the regular meeting times** to 6:00 p.m. and 5:30 p.m. for potluck meetings, beginning March 7. The **Bylaws Committee** of Barbara Lang, Loraine Wilson, and Gladys Greenlaw will meet to address this change in the Calais Regional Hospital Auxiliary Bylaws.

The Refreshment Calendar, Committee lists, and Calling Committee lists were distributed at the meeting. If you did not receive your copy of these items, they will be available in February or call Pat at 454-2444 to request a mailed copy. If you do not receive a phone call prior to each meeting, contact Carla at 454-9262.

The February 7th meeting is a special Valentine's Dinner in the CRH Classroom at 5:30 pm. RSVP to Carla by January 28. Please pay your **dues of \$5.00** to Irene Moreside by the February meeting.

The following freshmen medical students who are attending Husson University received their **scholarship checks** of \$500 each from the Auxiliary: Stephanie Day (Calais High School) and Felicia Vincent (Woodland High School). Congratulations ladies!

Seniority by Carla McCann Bridges

Come join us for a Seniority Valentine Dance at the Methodist Homes Rec Hall on Friday, February 18 at 1 pm. Bring some snacks and come enjoy DJ Dave's music. Bring your dancing shoes or just enjoy listening to some oldies that you may not have heard in a while.

JOB OPPORTUNITIES

Health Information:

Director full time

Rehabilitative Services:

PTA, PT full time

Laboratory

MT/MLT Full time

Registered Nurse

ED 7pm- 7am

Registration Ward Clerk

Full and part time

Apply: Applications available from
switchboard or on-line
www.calaishospital.com

This newsletter is published monthly by the community relations and human resources departments. CRH is an equal opportunity provider.